



THE RIVER WEEKLY NEWS

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Vol. 21, No. 6

From the Beaches to the River District downtown Fort Myers

FEBRUARY 4, 2022



Cheryl Fausel was awarded the blue ribbon for *The Three Faces of Frieda* photo provided

Art Group Juried Show Winners

The Fort Myers Beach Art Association (FMBAA) recently revealed the winners of the Winter Juried Show titled Movement and Energy. The show, juried by Joye Moon and sponsored by Fresh Catch Bistro/Junkanoo, will be on

display until Thursday, February 10.

Cheryl Fausel captured first place with *The Three Faces of Frieda*. Irvin Hawkes was awarded second place for *Shrimpers*. Dannica Walker gained third place for *Anemone Mix*.

The Lee Ackert Memorial Award for Use of Color was presented to Dana Enders for *Crooked Creek*. The Sylvia

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Women To The Rescue In New Comedy

Into the Breeches! by George Brant, a new comedy that follows the women of a local Shakespeare troupe, will be featured at Florida Repertory Theatre from February 11 to March 5 with discounted previews February 8 through 10.

It's 1942, and the leading men of the local playhouse are fighting overseas. With "the show must go on" as their battle cry, a band of passionate, yet inexperienced, women rally together to produce their season-opening production of Shakespeare's *Henry V* saga.

Filled with laughter, tears and sword fighting, will the production be a victory on the home front or a target for rotten tomatoes?

Tickets start at \$55 for regular performances and \$35 for discounted previews.

"This new comedy is the perfect story to tell right now," said Artistic Director Greg Longenhagen, "because at its heart, it is about a group of people pitching in to help in a time of crisis. Our 2021-22 season is filled with uplifting and hopeful

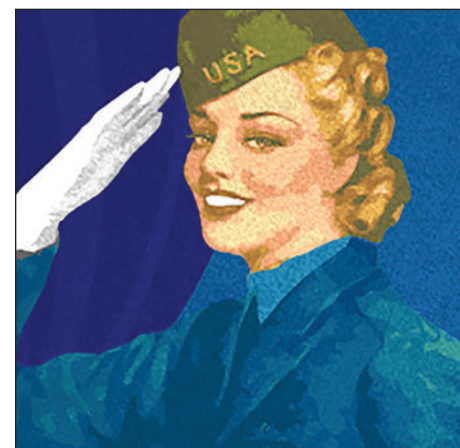


image provided

stories, and *Into the Breeches!* will not only send you home laughing, but it will also give you hope and inspire you about all the things we can accomplish when we work together."

Into the Breeches! is sponsored by the William E. Cross Foundation: Art and Hazel Brisker, Donald and Rebecca Linton, Northern Trust and WGCU Public Media, the media sponsor.

Florida Repertory Theatre is located at 2268 Bay Street in downtown Fort Myers. For tickets, visit www.floridarep.org or call 332-4488.*



The Swingin' Clique

photo provided

High-Energy Show At Players Circle

The Swingin' Clique, a collection of nine musical talents, will perform at the Players Circle Theatre at 8 p.m. on Friday, February 4 and Friday, March 11. This inter-generational collective of musicians, vocalists and entertainers presents a high-energy show. Tickets are

\$25 for general seating and \$35 for VIP seating. For tickets, call 800-3292 or visit www.playerscircletheater.com. Those who have not been vaccinated are asked to wear masks until seated. Theater team members will continue to wear masks. The theater continues to be sanitized before every performance.

Players Circle Theatre is located at the Shell Factory at 2787 North Tamiami Trail in North Fort Myers.*

Birthday Party For Thomas Edison



Students perform for Thomas Edison's birthday in 1928 at the Pleasure Pier in Fort Myers

photo provided

The community is invited to celebrate Thomas Edison's 175th birthday at Edison and Ford Winter Estates on Friday, February 11 at 10 a.m. The annual tradition involves students from Edison Park Creative and Expressive Arts School singing, dancing and playing instruments. Cake will be served for visitors attending the party, which is sponsored in part by the Edison Pageant

of Light, the organization founded in 1938 to memorialize Thomas Edison and honor his achievements and contributions to Fort Myers.

The gathering will be located at the banyan picnic pavilion (behind the banyan tree). Mike Flanders, Edison and Ford Winter Estates CEO, will give a brief welcome and thank the Edison Pageant

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Historic Downtown Fort Myers, Then And Now:

Fort Myers Loses A Knight



by Gerri Reaves, PhD

Peter O. Knight came to Fort Myers in summer 1884 with youth, energy, ambition and noble intentions. For about five years, he operated at high speed, but ultimately abandoned the little settlement for the big city of Tampa. He joined his mother, twice-widowed Sarah Knight Titus, who had come from Pennsylvania in the early 1880s at the behest of her



Peter O. Knight, undated
courtesy Florida State Archives

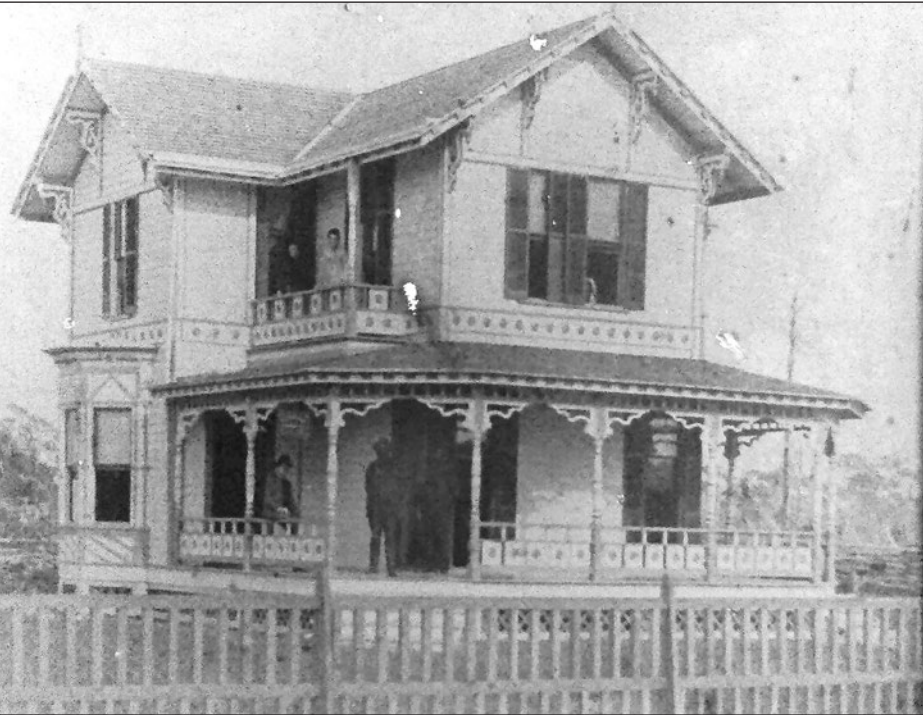
brother, Daniel C. Kantz.

Kantz, who was an educator and future principal and school superintendent, sent for his sister, who was a certified teacher.

However, in 1882, she partnered with her brother in the construction and operation of the Caloosa Hotel and managed it for a time. They later renamed it the Keystone, the nickname of their native state.

Knight was only 19 years old when he moved to Fort Myers and had just earned a law degree. Fond of dressing fashionably, he contrasted with the cowboy look prevalent downtown.

Starting on his very first night in town, however, he got a lesson in fitting in, for



Attorney Peter O. Knight lived and worked in this house on Lee Street
courtesy Southwest Florida Historical Society



The former Knight home site is now part of the Fort Myers Regional Library complex
photo by Gerri Reaves

convenience's sake, if nothing else. Years later, he recounted how his "fancy" clothes caused him to be involved in a potentially violent situation with a couple of drunks who wandered by him on First Street. As a result, he decided to trade his attire for "a flannel shirt and a beaten up Stetson hat" so he would blend. He surmised that it "wasn't the place to be wearing my silk hat, boiled shirt and spike-tailed coat."

To add to the sense of culture shock, a few months later, he witnessed a fatal stabbing while standing in front of Parker and Blount's store at First and Hendry.

Undaunted, Knight went on to become an enthusiastic citizen, practicing in law, dabbling in real estate and organizing the town's first community band, among other endeavors.

In August 1885, he signed the call for an election to incorporate Fort Myers; however, because he was not yet 21, he could not be one of the "fathers" of Fort Myers who actually cast a vote. At next election in 1886, though, he was chosen mayor.

He set up a law office in an eight-by-12-foot room in the rear of a store. With no funds to furnish it, he placed his college textbooks on the floor against the wall, and used a box from the store for a desk, a soapbox for a seat and a wire hung from the wall for a file holder. His mother later supplied him with a table and chairs.

In 1886, he married Lillie Frierson of Atlanta, who had come to town to visit her uncle and aunt, Col. Aaron T. and Mary Wall Frierson, who had settled in Fort Myers in 1874.

The Knights had a gingerbread-trimmed house on Lee Street, pictured here circa 1885. It was located on the east side of Lee, approximately mid-block between First and Second streets. Knight also had his office there.

For his mere five years in residence, he exerted significant influence on the town. He was also one of the party who met Stafford C. Cleveland at the dock to convince him to start a newspaper in Fort Myers, not in Olga, the editor's intended destination.

Cleveland was persuaded, and the *Fort Myers Press* (later *The News-Press*) was born in November 1884.

In 1888, he was elected to the state legislature for Monroe County, of which Lee County was a part until it separated in 1887.

Knight had a fun-loving outgoing side, too, and was noted for his big parties and love of music. The band he organized and directed is remembered in local history

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We will correct factual errors or matters of emphasis and interpretation in news stories.*

Blessing Of The Quilts Ceremony

The Cape Coral Quilt Guild (CCQG) will hold its Blessing of the Quilts at the Church of the Epiphany on Monday, February 7 at 11 a.m.

Since 2007, the 100-plus members of CCQG have annually donated several hundred handmade quilts for distribution through such organizations as the Cape Coral Police Department, Fire Department, Cape Coral Hospital, Hope Hospice and Cancer Alliance. These organizations distribute the donated quilts to individual recipients in accordance to their mission statements.

Members meet weekly at the church to socialize, select patterns and donated fabrics, and sew these items in a labor of love and community support. The year's efforts culminate in a gathering of the recipient organization representatives with a viewing of the quilts at 10 a.m. followed by an 11 a.m. ceremony by Rev. Edward FP Gibbons, the church pastor, to bless the quilts. The public is



Blessing of the Quilts coordinator Patty Barlkowski photo provided

welcome to attend the viewing.

The Church of the Epiphany is located at 2507 Del Prado Boulevard South in Cape Coral. For more information, visit www.capecoralquiltguild.com.✽

Comedian Returns To Theater

Popular comedian RC Smith returns to the Players Circle Theatre for a one-night performance on Saturday, February 5 at 7 p.m. Known as the best warm-up guy in the business, he has been featured on the *Tonight Show* starring Jimmy Fallon and many of the top comedy clubs in the country.

Tickets are \$15 for general admission and \$25 for VIP seating. If you haven't been vaccinated, wearing a mask until seated is appreciated. Theater team members will continue to wear masks out of an abundance of caution. The theater continues to be thoroughly sanitized before every performance.

The Players Circle Theatre is located at 16554 North Cleveland Avenue in North Fort Myers. For tickets, visit www.playerscircletheater.com or call 800-3292.✽



RC Smith photo provided

Band To Perform Free Concert

The Southwest Florida Concert Band with guest vocalist Kathy Lamade will perform Songs of the Sea Concert at South Fort Myers High School on Sunday, February 13 at 2 p.m.

The 45-member community band will start with *Fantasy on American Sailing Songs* that will capture the essence of life on the water. *The Water is Wide*, also known as *Waly Waly*, is an ancient Scottish song about love. The band will perform a very emotional version of this melody.

Lamade will sing *Moon River* and, from the movie *Titanic*, *My Heart Will Go On*. American River Songs will feature traditional songs from the era of riverboat travel and a fun arrangement

of songs by the Beach Boys including *California Girls*, *I Get Around* and *Good Vibrations*. There will be a Sousa march *Hands Across the Sea* and a fun trumpet section component called *Trumpets Olé*. The band will show off its musical skills with the performance of the challenging *Second Suite in F* by Gustav Holst. To celebrate Valentine's Day, the band will play a melody of Beatles love songs to sing along to. The concert will conclude with a dynamic version of music from the movie *Pirates of the Caribbean*.

All concerts are free with donations accepted. To protect the health of supportive patrons, all audience members must wear masks during performances until further notice.

South Fort Myers High School is located at 14020 Plantation Road in Fort Myers. For more information, visit www.southwestfloridacconcertband.org.✽



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Now through May 30

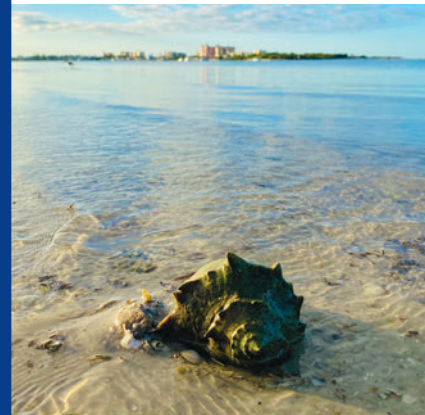
Photo by Andrew West/The News-Press

LECTURES

Feb. 16: Metropolitan Museum of Art curator **BRADLEY STRAUCHEN-SCHERER**

Mar. 15: Diver and photographer **LINDA IANNIELLO** (pictured)

Apr. 6: News-Press visual journalist **ANDREW WEST**



CLASSES

Mar. 2: San Carlos Bay / Bunche Beach Marine Biology and Field Lab

Mar. 17: Biodiversity and Taxonomy of Mollusks

Mar. 31: Drawing & Illustrating Shells

Apr. 13: Shell Morphology: Understanding Shell Descriptions

AFTER HOURS IN THE AQUARIUMS

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Fort Myers Art:

St. Petersburg
Artist Chosen For
Gateway Artwork



by Tom Hall

A selection committee composed of members of Fort Myers' Public Art Committee and representatives of the Community Redevelopment Agency, Lee County Black History Society and Dunbar

community have chosen St. Petersburg (Florida) sculptor Cecilia Lueza to design, fabricate and install a gateway art piece at the intersection of Martin Luther King, Jr. and Veronica S. Shoemaker boulevards that expresses the themes of hope, dreams and civil rights. Tentatively titled *Journey of Hope*, the proposed artwork consists of a profile of an African American woman looking up with yearning and determination contrasted against a golden sunburst that symbolizes the arrival of a new day where justice, equality and freedom prevail.

"Our goal for this very special project is to capture not only the brightness of hope and the power of dreams, but also the achievement of justice, equality



Journey of Hope by Cecilia Lueza

and freedom pursued by extraordinary individuals like Veronica Shoemaker," said Lueza during her presentation to the selection committee.

According to Lueza, Shoemaker's drive, determination and leadership provided the main inspiration for the gateway sculpture, which is to be fabricated and installed late this spring or early summer.

The woman's profile takes its color palette in part from the city's logo.

The sunburst transitions from orange at the bottom to yellow at the top, "symbolizing the arrival of the future," as do the birds that are included in the design.

"This color palette creates a stark contrast and makes the sculpture stand out among the greenery of the landscape,"

image courtesy www.artswfl.com

said Lueza, referring to the lush foliage that the city has already installed on the site that will serve as a backdrop for the piece.

Noted for bright, colorful, energetic sculptural installations, Lueza captures the dynamics of urban life and the fluidity, serenity and balance inspired by nature and water in motion. In choosing her as one of three finalists for the project, the selection committee admired several of Lueza's prior polychromed aluminum commissions, which sinuously soar into the sky during the daytime and take on a magical aspect under the lights that Lueza typically incorporates into her sculptural work.

While the site for gateway artwork has no electrical service, Lueza plans to install a 200-watt, self-sustained solar lighting

system with LED fixtures to illuminate *Journey of Hope* after dark.

Cost of the sculpture, including the artist's fee, is \$98,500.

Lueza and Michael Don Clapper of Denver, Colorado and Douglas Kornfeld of Cambridge, Massachusetts were chosen from a field of 66 applicants to prepare proposals for the site. The project is a collaboration by and between the City of Fort Myers Community Redevelopment Agency (CRA), Lee County Black History Society and Fort Myers Public Art Committee, with funding provided by the CRA.

Since 2013, Lueza has completed nearly 60 installations. In addition to commissions in Clearwater, Coral Springs, Fort Lauderdale, Jacksonville, Lakeland, Largo, Lauderhill, Ocala, Orlando, Pensacola, Pompano Beach, St. Augustine, St. Petersburg, Tamarac, Tampa, Tarpon Springs, West Palm Beach and Winter Garden, her work can be found in public art collections in Alabama, Arizona, Colorado, Georgia, Iowa, Kentucky, Missouri, Nevada, New Jersey, North Carolina, Ohio, Tennessee, Virginia, Washington, Washington DC and the United Kingdom.

An Argentine-American, Lueza studied visual arts at University of La Plata in Buenos Aires, Argentina.

Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled *Art Detective*. A former tax attorney, he lives in Estero with his fiancé and their four cats.✽

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Alliance Market Expands To Sundays

The Alliance for the Arts weekly GreenMarket has expanded to Sundays and now will be open both days from 9 a.m. to 1 p.m. during the weekend.

The announcement comes alongside the hire of Steven Ceracche as the new market manager. Ceracche is a third generation farmer from Ithaca, New York. He grew up on a small apple orchard in upstate New York and graduated from University at Albany in 2007 with a bachelor of science degree in environmental science and a concentration in biology.

Ceracche has over 15 years of agricultural experience, specialized in hydroponic agriculture production. He lived in Northern California and Portland, Oregon, and built, managed and had consultation services for various different types of crops and growing environments. He is an owner of Florganica Farms in Punta Gorda.

While onsite, visitors are invited to explore the Alliance's 10-acre campus or come inside to shop the gift shop or explore its current gallery exhibitions. The gallery is free and open to the public, though a \$5 suggested donation keeps Alliance programming affordable and accessible.

Sunday market days will feature Tai Chi on the lawn presented by Ellio Pilates, beginning at 10 a.m. This class



Tatiana Logvinova is one of the vendors at the GreenMarket photo provided

is pay-what-you-will to attend and no reservations are required.

Upcoming special events at the GreenMarket include:

Free Family Art Labs on Saturday, February 19 from 10 a.m. to noon;

Mayor's Diversity, Equity and Inclusion Day on Sunday, February 20 from 9 a.m. to 1 p.m.; and

Disability Inclusion Event on Sunday, February 27 from 10 a.m. to 2 p.m.

The Alliance for the Arts is located at 10091 McGregor Boulevard in Fort Myers. For more information, visit www.artinlee.org or call 939-2787. To become a vendor, contact Steven Ceracche at greenmarket@artinlee.org.



Keep Lee County Beautiful volunteers meet at Gulf Point Square in Fort Myers

photo provided

Volunteers Help After Tornado

More than 100 volunteers representing Keep Lee County Beautiful, Inc. (KLCB) collected over 2,200 pounds of debris from the areas in South Fort Myers recently hit by tornadoes. The devastation near the Iona neighborhood was caused by a tornado that was determined to be on the ground for about 7.9 miles, according to the

National Weather Service.

The volunteers did not enter the neighborhoods directly, as the families are still sorting through the damage. The cleanup focused on the roadside litter to prevent any debris from making its way to the gulf. Donations were also collected and were delivered to the Iona-McGregor Fire Department for those affected by the recent storms.

Officials commend the hard work of the volunteers who made an impact in an area of the community in need.✧

Live Performance At Pine Island Library Saturday

Pine Island Public Library will host a live performance from crooner-style singer Dave DeLuca on Saturday, February 5 from 1 to 2 p.m.

Remember Then: Jukebox Hits of the 50s, 60s and 70s brings back the greatest radio hits from several genres including doo wop, Motown, rock and roll, British Invasion, bubblegum, classic soul and R&B. DeLuca will sing songs like *In The Still Of The Night*, *The Lion Sleeps Tonight*, *Earth Angel*, *Just My Imagination*, *Do You Want To Know A Secret*, *The Wanderer*, *Don't Be Cruel*,

Under The Boardwalk and *Blue Moon*.

Originally from New Jersey, DeLuca is an accomplished singer, songwriter, musician and recording engineer who has been performing for over 30 years. He is a member of the Songwriter's Guild of America and has had songs published by BMI. In December 2011, DeLuca auditioned for and won a starring role in Count Basie Theatre's *5th Annual Sinatra Birthday Bash*, beating out hundreds of other hopeful performers. He is currently overseeing production of *The Star-Spangled Songbook*, a tribute to the great American composers and lyricists who crafted the body of popular standards, for a future airing on PBS.

Pine Island Public Library is located at 10701 Russell Road in Bokeelia. For more information or to register for seating, call the library at 533-4350.✧



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Trumpeter Joins Jazz Quintet At Davis Art Center

The Dan Miller-Lew DelGatto Quintet, along with trumpeter Jeremy Davenport, will perform at the Sidney & Berne Davis Art Center on Friday, February 11. Doors open at 6:30 p.m. for cocktails, and the performance begins at 7:30 p.m.

The concert is part of the Jazzy Nights series. Tickets are \$45 in advance or \$50 the day of concert. Table of four is \$225, and table of eight VIP seats is \$450.

Davenport is a vital part of the New Orleans music scene. With his original lyrics and music, he infuses his unique style and mood of storytelling by creating not only a modern edge, but also the distinct feeling of a lifestyle reminiscent of a time when jazz was at its peak of popularity.

Davenport is known for his vocal and trumpet-playing skills, as well as being a born entertainer. Davenport has toured and recorded with music greats Wynton Marsalis, Tom Jones, Maynard Ferguson and has been with Harry Connick, Jr.'s Big Band for six years touring around the world.

Davenport will be joined by the Dan Miller – Lew Del Gatto Quintet. New York City jazz trumpeter Dan Miller built his reputation touring and recording with Harry Connick Jr., Wynton Marsalis, Maynard Ferguson and Woody Herman. He brings together a tremendous group of musicians for an evening of hard swinging



Jeremy Davenport photo provided

acoustic jazz music including legendary tenor saxophonist Lew Del Gatto, pianist Roy Gerson from New York City, bassist Brandon Robertson and drummer Tony Vigilante.

The Sidney & Berne Davis Art Center is located at 2301 First Street in downtown Fort Myers. For more information, call 333-1933 or visit www.sbdac.com.

Dean's List

Moriah Wolff of Fort Myers has been named to the dean's list for the fall 2021 semester at Palmer College of Chiropractic's Florida campus in Port Orange.

Students Win Microsoft State Championships

Two Dunbar High School students recently became Florida state champions of the Certiport Microsoft Office Specialist division, marking the school's 24th and 25th winners.

Isabel Liu earned the 2022 award for PowerPoint 2019, and Carson Mulvey is the champion for Word 2019.

Liu will compete in the 2022 Microsoft Office Specialist U.S. National Championship in Dallas, Texas in June. The winner of this competition will receive a \$3,000 scholarship, trophy, certificate and an invitation to compete at the Microsoft Office Specialist World Championship.

"Everybody is excited, especially my little sisters at the prospect of going to Texas," said Liu, a freshman. "We're



Isabel Liu



Carson Mulvey

looking forward to the competition, and thankful for the opportunity."

Mulvey was the 2019 Microsoft Specialist Florida State Champion for Word 2016 and is not allowed to compete for another national championship in Word. He plans to try to qualify for Excel in the spring. In December, he finished second in the 2021 Microsoft World Championship in PowerPoint 2016 after winning the state and national title.

Since Dunbar began competing in 2011 in the Certiport Microsoft competitions, the school has the rare distinction of having three Microsoft World Champions. Six Dunbar students have also placed in the top four in the world.

"Although this may seem common for Dunbar, make no mistake that this is quite an achievement," said Principal Carl Burnside. "No other U.S. School can boast that they have had three Microsoft World Champions."

For more information, visit <https://us.moschampionship.com>.

College Graduates

John DeSarno of Fort Myers and Jeffery Mann of Cape Coral earned degrees from University of Maryland Global Campus (UMGC) after the fall 2021 semester.

DeSarno received a bachelor of science degree in finance, while Mann gained a bachelor of science degree in computer networks and cybersecurity.

Churches/Temples

ALL FAITHS UNITARIAN CONGREGATION

Service 9, and 11 a.m. Children's RE, Adult Education Forum 10 a.m., www.allfaiths-uc.org, 2756 McGregor Boulevard, 226-0900.

ALL SAINTS BYZANTINE RITE CATHOLIC

Sunday 10:30 a.m., 10291 Bayshore Road, 599-4023.

ANNUNCIATION GREEK ORTHODOX

Sunday 9 and 10 a.m., www.annunciation.fl.goarch.org, 8210 Cypress Lake Drive, 481-2099.

BETH YESHUA MESSIANIC SYNAGOGUE

Saturday 11 a.m. 15675 McGregor Boulevard, 437-3171.

BIBLESHARE

10 a.m. Sunday and 7 p.m. Tuesday, www.simplysimpleworship.com, 7050 Winkler Road, Suite 121, 437-8835.

CHABAD LUBAVITCH ORTHODOX

Friday 6:30 p.m., www.chabadswf.org, 5620 Winkler Road, 433-7708.

CHAPEL OF CYPRESS COVE

Sunday 10 a.m., www.revtedalhouse@aol.com 10200 Cypress Cove Circle, 850-3943.

CHAVURAT SHALOM

Friday Shabbat services every week 7:30 p.m. Other programs on vacation. ChavuratShalom@gmail.com.

CHURCH OF THE CROSS

Sunday 9:15 and 10:45 a.m. 13500 Freshman Lane, 768-2188.

COVENANT PRESBYTERIAN

Sunday 10 a.m. 2439 McGregor Boulevard, 334-8937.

CROWN OF LIFE LUTHERAN CHURCH AND CHRISTIAN ACADEMY

Sunday 8 and 10:45 a.m. Jan 1 – Easter; 9 a.m. after Easter – Dec 31. www.crownoflifelutheran.com. 5820 Daniels

Pkwy, 482-2315.

REDEEMER CHURCH

Sunday 9:45 and 11 a.m., 7 p.m.; Wednesday 6:30 p.m. 8400 Cypress Lake Drive, 481-5442.

CYPRESS LAKE PRESBYTERIAN

Sunday 9 and 11 a.m. English, 10 a.m. Spanish. www.clpc.us, 8260 Cypress Lake Drive, 481-3233.

CYPRESS LAKE UNITED METHODIST

Sunday 8, 9:30 and 11 a.m. 8570 Cypress Lake Drive, 482-1250.

FAITH UNITED METHODIST

Sunday 9 and 11 a.m., 15690 McGregor Boulevard, 482-2030.

FIRST CHURCH OF CHRIST, SCIENTIST

Wednesday 12 noon Testimony Service, Sunday 10:30 a.m., www.christiansciencefortmyers.net, www.christianscience.com. 2390 West First Street, 334-6801.

FIRST CHURCH OF THE NAZARENE

Sunday 10:30 a.m. and 6 p.m., 13545 American Colony Boulevard, 936-2511.

FORT MYERS CHRISTIAN CHURCH

Sunday 10:30 a.m., 5916 Winkler Road, 437-4330.

FORT MYERS CONGREGATIONAL UNITED CHURCH OF CHRIST

Sunday 10 a.m., 8210 College Parkway, 482-3133.

FIRST PRESBYTERIAN CHURCH OF FORT MYERS

11 a.m. Sunday, www.fpcforymyers.org, 2438 Second Street, 239-334-2261

IONA-HOPE EPISCOPAL CONGREGATION

Saturday 5 p.m.; Sunday 8 a.m. and 9:30 a.m.; Tuesday 9:30 a.m.; Wednesday 9:30 a.m., 9650 Gladiolus Drive, 454-4778.

JESUS THE WORKER CATHOLIC

Friday and Saturday, 7 p.m.; Sunday 8, 10 a.m. and 6 p.m., 881 Nuna Avenue, 481-1143.

LAMB OF GOD

Sunday 7:45 and 10 a.m., www.lambofgodchurch.net, 19691 Cypress View Drive, 267-3525.

NEW HOPE PRESBYTERIAN

Sunday 8, 9:30 and 11 a.m., www.newhopefortmyers.org, 10051 Plantation Road, 274-1230.

PEACE COMMUNITY

Sunday 10:30 a.m. www.peacecommunitychurch.com, 17671 Pine Ridge Road, 267-7400.

PEACE LUTHERAN

Sunday 8 and 10 a.m., www.peaceftmyers.com, peace@peaceftmyers.com. 15840 McGregor Boulevard, 437-2599.

REDEEMER LUTHERAN

Sunday 8:15 and 10:15 a.m. 3950 Winkler Ext., 274-0143.

RIVER OF LIFE ASSEMBLY OF GOD

8, 9:45 and 11:30 a.m., 21580 River Ranch Road, 495-0400.

SAMUDRABADRA BUDDHIST CENTER

Meditation classes. www.MeditationInFortMyers.org, 567-9739.

SAINT COLUMBKILLE CATHOLIC

Monday through Saturday 8 a.m.; Saturday 3 and 5 p.m.; Sunday 7, 9 and 11 a.m., 5:30 p.m., 12171 Iona Road, 489-3973.

ST. FRANCIS XAVIER CATHOLIC

Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m., 2157 Cleveland Avenue, 334-2161.

SAINT JOHN THE APOSTLE METROPOLITAN

Sunday 10 a.m., 3049 McGregor Boulevard, 344-0012.

SAINT MICHAEL LUTHERAN

Saturday 5:30 p.m.; Sunday 8 and 10:45 a.m., 3595 Broadway, 939-1218.

SAINT NICHOLAS MONASTERY

Sunday 9:30 a.m., www.saintnicholasmonastery.org, 111 Evergreen Road, 997-2847.

ST. VINCENT DE PAUL CATHOLIC

Tuesday through Friday 9 a.m.; Saturday 4 p.m.; Sunday 9 and 11 a.m., 13031 Palm Beach Boulevard, 693-0818.

SOUTHWEST BAPTIST

Sunday 11 a.m.; Wednesday 6 p.m., 16940 McGregor Boulevard, 454-3336.

TEMPLE BETH EL SYNAGOGUE

Friday Shabbat 7:30 p.m.; Torah Saturday 9 a.m.; Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m., www.templebethel.com, 16225 Winkler Road, 433-0018.

TEMPLE JUDEA (CONSERVATIVE)

Friday 6:30 p.m. and Saturday 9 a.m., www.tjswfl.org, 14486 A&W Bulb Road, 433-0201.

THE FAITH CENTER

Sunday 9 and 10:30 a.m., Thursday 7:15 p.m., 17650 South Tamiami Trail, Suite 212, 278-3638.

THOMAS A. EDISON CONGREGATIONAL

Sunday 10:30 a.m., www.taecc.com, 1619 Llewellyn Drive, 334-4978.

UNITARIAN UNIVERSALIST

Sunday 10:30 a.m., www.uucfm.org, 13411 Shire Lane, 561-2700.

UNITY OF FORT MYERS

Sunday 10 a.m., www.unityoffortmyers.org, 11120 Ranchette Road, 278-1511.

WESTMINSTER PRESBYTERIAN CHURCH

Sunday 9:30 and 10:45 a.m., 9065 Ligon Court, 481-2125.

WORD OF LIFE

Sunday 10 a.m., Wednesday 7 p.m., 2120 Collier Avenue, 274-8881.

ZION LUTHERAN

Saturday 5 p.m.; Sunday 8, 9:30 and 11 a.m., www.zionfm.org, 7401 Winkler Road, 481-4040.

Email changes to press@islandsunnews.com or call 395-1213.

Plant Smart

White Moneywort

by Gerri Reaves

White moneywort (*Alysicarpus vaginalis*) is a member of the pea, or bean, family and one of three moneyworts documented in Florida, none of them native.

The species' native range is Africa, tropical and subtropical Asia, and northern Australia. It was introduced to the U.S. as a food source for livestock and for erosion control.

In its native range, it is also used medicinally.

It is naturalized in Florida and the southern U.S., meaning that it sustains itself without cultivation.

Common names include alyce clover, buffalo clover, buffalo-bur and one-leaf clover.

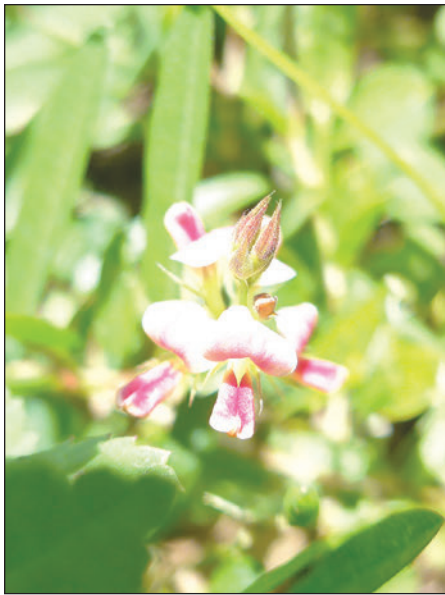
This perennial herb takes an erect, trailing, or spreading form and grows to a height of four to 24 inches tall. The base is woody and the stems are covered in short soft hairs.

The opposite leaves vary in shape, from oval to oblong or lance-like, and also have fine hairs.

Inflorescences of six to 12 flowers appear at the top of the stems.

Each flower has the classic pea family structure: five petals of different sizes and shapes.

Pea flowers are called papilionaceous, derived from the Latin word for butterfly, because their flower structure resembles a butterfly.



Non-native white moneywort is a naturalized member of the pea family

photo by Gerri Reaves

The large upper petal, called the standard or banner, varies from shades of pink, purple, or orange.

Below the banner are wings, a pair of petals tinted shades of violet.

Between the banner and wings is the keel, named for its resemblance to ship's keel. It is composed of two fused petals that enclose the flower's male and female parts.

The keel is violet, green, or magenta with a purple tip.

The flattened pods have four to seven

segments, measure a half-inch to an inch long, have fine hairs and ripen from green to dark brown.

Sources: *Weeds of South Florida* by Palm Beach State College Horticultural

Taxonomy Class, George Rogers, Ph.D.; www.iNaturalist.org; and <https://powo.science.kew.org>.

*Plant Smart explores the diverse flora of South Florida.**

Conserve Water During Dry Season

Lee County and the South Florida Water Management District officials are encouraging residents to conserve water due to dry season and reduced groundwater supplies.

The National Oceanic and Atmospheric Administration has predicted that Florida's 2022 winter season will have warmer-than-average temperatures with drier-than-average conditions. Conserving water at home can help reduce the stress on aquifers and keep wells from running dry.

Lee County residents are urged to abide by local ordinances that restrict lawn irrigation. Lawn irrigation can account for 50 percent of household use.

Landscape irrigation is prohibited daily between 9 a.m. and 5 p.m. in unincorporated Lee County.

Addresses that end in an even number can irrigate landscaping only on Thursday and/or Sunday.

Addresses that end in an odd number, and rights-of-way or other locations without an address can irrigate only on Wednesday and/or Saturday.

This ordinance also applies to residents

who use reclaimed water.

Many municipalities have their own irrigation rules; a comprehensive list can be found at www.sfwmd.gov/mywateringdays. You will need to use the drop-down menu to display your county and city, or you can select "unincorporated areas" for your location. Once both drop-down fields are selected, your watering schedule appears.

The South Florida Water Management District recommends the following:

Fix leaks as soon as possible from toilets, faucets or irrigation systems. A single leaky faucet can waste 100 gallons of water in a day.

Replace your showerhead with a low flow version using two gallons of water per minute or less. Older showerheads may use up to five gallons of water per minute.

Operate automatic dishwashers and clothes washers only for full loads.

Turn off the faucet after wetting a toothbrush, razor or washcloth. Turn the faucet back on when you are ready to rinse.

Irrigate no more than once a week in the winter or twice a week in the summer.

Irrigate during the early morning hours when temperatures and wind speeds are the lowest.

Use reclaimed or reuse water where available for irrigation.

More tips for water conservation can be found at www.sfwmd.gov.*

Land Purchase Approved For Upland Services

The Fort Myers Beach (FMB) Town Council have approved a resolution to close the purchase of two parcels of property at 166 Chapel Street and 99 Tropical Shores Way for \$1 million.

The parcels are owned by Gordon Zeng and about a half acre combined. They are adjacent to FMB Town Hall and face each other on both sides of the canal that connects to Estero Bay.

The purchase provides the opportunity to expand service facilities as determined by town council, including a future building

to house upland services for the Matanzas Pass Mooring Field. Upland services for the mooring field are currently leased through the Harbour House on San Carlos Boulevard in the downtown district.

To assist in this purchase and construction costs, town officials will pursue state and other grants that are available for improvements to land, according to FMB Town Manager Roger Hernstadt. He also said that the final buildout net costs will be in the form of a "mortgage" to the marina operations, replacing the current monthly rent. The town will use contingency funds (\$400,000), loan reimbursement (\$300,000) and a reduction in other capital projects (\$300,00) to purchase the properties.*



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Another Winter Weather Weekend



by Capt. Matt Mitchell

With yet another cold front arriving just in time for the weekend, this one not only brought gale warnings but the lowest temperatures we have seen in

years. Extreme cold fronts like this one always have anglers worrying about our snook population as prolonged cold water can bring a snook kill. Luckily, this time it looks like by mid-week, temperatures will quickly rebound and we should be out of that danger zone.

We were out on the water all week until the front blew us out for a few days. We spent our time fishing for sheepshead and trout. You can always find somewhere out of the wind to keep the rods bent while staying close to home no matter what the conditions are. The colder it gets, the better this fishing gets.

Sheltered grass flats in the two- to four-foot range have been loaded with the most trout I have seen since before our 2017 red tide. Experiencing this amazing trout bite reminds me of when we always took trout fishing for granted. Catching trout after trout ranging in size from 12 to 20 inches is a barometer of how healthy the water is once again. New regulations



Bryan Thomas from New Jersey got in on the winter action with Capt. Matt Mitchell this week photo provided

on trout went into effect in February. These new regulations are three fish per person limit or six per boat max. Trout have to measure between 15 to 19 inches with one over the 19-inch max per vessel. Trout fishing has been a great way to start off a charter as its a very visual bite.

Popping corks rigged with a live shrimp on a quarter ounce jig head roughly 30 inches bellow has been deadly. This rig allows you to make long fan casts and cover lots of water. Gently pop the float roughly every 10 to 20 seconds to attract the fish. When a trout strikes, you will see the float go

under. Don't set the hook hard, just reel fast enough to come tight while slowly lifting the rod. If the trout lets go, continue popping the float as they will often stay with it. The key to keeping these extremely soft-mouthed fish on is to keep a bend in the rod, any amount of slack line they will come off.

Once a trout is boat side and you don't plan on harvesting it, use a hook out tool to allow you to release it without ever touching it. These fish are very delicate and have a much better chance of survival the less they are handled. If you are going to measure them, wet your hands before lightly grab them. The less of the protective slime coat you disturb, the more healthy they will be when they swim off.

The better sheepshead bite continues to be on structure in and around all of our passes. These are the first places these fish are stopping as they come in from the gulf side to spawn. After each cold front, expect a new wave of these fish to flood in. Chunks of shrimp work best with enough weight to hold the bait down in the current. Although the minimum size of sheepshead is 12 inches, they should be released if they are not At least are 14 inches long. They simply don't yield much meat below 12 inches.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.

From page 1

Juried Show

Kasparie Memorial Award for Collage went to Julie Nusbaum for her collage piece *Paper Promises*.

Merit Awards were presented to the following: Nancy F. Morgan for *Playing in the Waves*, Dorothy McDowell for *Assemblage* and Maureen Ginipro for *Continuous*. Honorable Mention awards went to Kathy Summer for *Herd Mentality*, Helen Kinkin for *Henry the Eighth* and Karen Freysinger for *Bats & Full Moon*.

Mini masters continue to be for sale, priced at \$10 apiece for matted original artwork.

For more information, visit www.fortmyersbeachart.com, send emails to the Pam Flaherty at publicity@fortmyersbeachart.com, call 463-3909 or drop by the gallery at 3030 Shell Mound Boulevard on Fort Myers Beach.

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Dave Doane with his co-worker Jesse

CROW Case Of The Week:

Common Loon



by Bob Petcher

The common loon (*Gavia immer*) is a quintessential water bird, one that remains wet and only goes ashore to mate or incubate eggs. This classic northern bird, which migrates south in the winter, has a long body, round head and sturdy bill. Half of its body appears to be underwater at most times.

Common loons are known to dive after fish, often fully submerging themselves when pursuing and catching their prey. They are called water quality indicators because they require clear lakes with an abundant population of small fish.

During summer months, common loons are darker and tuxedo-like with a black head and bill, a spotted black and white backside and a white breast area. In the fall and winter months, the color of adult birds fades to gray.

You are probably more used to hearing a loon than seeing one. A regular resident on lakes, the common loon is quite vocal in calling to another loon or group of loons, which is called an "asylum." Interestingly, the collective noun is given due to the loon's distinctive call that, when coupled with its irregular behavior when eluding danger, influenced the phrase "crazy as a loon."

These agile swimmers are also efficient in the air. Migrating loons have been recorded flying at speeds in excess of 70 miles per hour. However, they do require a "runway" for takeoffs and often take up to a quarter mile while flapping their wings and running across the top of the water to gain sufficient speed to get liftoff.



Patient #22-216 rests during recovery

photo by Haillie Mesics

At CROW, a common loon was admitted after being found lethargic on the beach. Upon further examination, veterinarians suspected red tide, another toxin, or systemic disease to be the cause of the loon's symptoms.

"Radiographs were performed to look for evidence of fungal infection in the airways as a possible cause, however, there was no evidence of this on x-rays," said Dr. Charlotte Cournoyer, CROW veterinary intern. "There was a laceration on the hind leg that

later in the course of treatment required surgical debridement – removal of dead tissue.

CROW staff administered pain medications and will continue to monitor the patient.

"Here at CROW, we use multi-modal pain therapy to target different pain receptors for the best possible pain control," stated Dr. Cournoyer. "Pain medications are chosen based on species and the type of pain we are treating. We are (also) monitoring mental/neurologic status, appetite and urates/feces."

It is unsure if the cause of lethargy is brevetoxicosis or some other toxin that caused neurological issues.

"We did not perform specific toxin testing, but treated supportively for toxins and bacterial infection with fluid support and antibiotics. There are many possible causes for debilitation in loons, including toxins – both naturally occurring and heavy metal – bacterial infection, fungal infection and more," said Dr. Cournoyer. "The surgery went well and the repair site is healing well. The wound on the leg is likely (from) struggling due to being neurologically abnormal."

After a few more days of care, the patient is recovering but not quite out of the woods... medically speaking.

"The patient is doing very well. The leg laceration is healing nicely and neurologic abnormalities seen previously in the patient, including lethargy and mild head tremors, have resolved," said Dr. Cournoyer. "The patient is not yet ready for release, but will continue to receive supportive care and will soon be transferred to our rehab team for conditioning."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.

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From left, Sam Galloway III, Robert Galloway, Katherine Dougherty and Kathy Galloway
photo provided

Organizers Planning Soup Kitchen Benefit

Community Cooperative is planning for the 19th annual Soup Kitchen Benefit on Thursday, March 10. Each year, local restaurants prepare and serve southern-style dinners to more than 700 guests at the annual benefit in the service garages of Sam Galloway Ford in Fort Myers.

In 2021, the event was held in May after Sam Galloway, Jr., who started the

event, passed away. A record number of attendees raised a record \$1.22 million for Community Cooperative to support its vital programs that include Meals on Wheels, Soup Kitchen, mobile food pantries and social service programs.

The Community Café, known as the Fort Myers soup kitchen, was renamed at the event to Sam's Community Café & Kitchen to honor his legacy of raising money and helping to feed the hungry in Southwest Florida.

The organization helped more people in the six weeks after the pandemic shutdown than during the entire previous year, with a 480 percent increase in services by the end of 2020. In 2021,

Community Cooperative assisted more than 85,000 individuals through feeding and social service programs.

While the need for food assistance has declined slightly since the height of the pandemic, higher grocery prices now are resulting in another rise in people seeking food assistance. In 2020, more than 38 million people in the U.S. lived in households with limited access to

adequate food.

Each year, about 150 volunteers, along with 20 area restaurants help contribute to the event's success. Service at the garages continues the morning of the event, and volunteers transform the space for the evening. The next morning, the service garage is back in full swing.

For more information, visit www.communitycooperative.com/events.✱

Women Voters To Hold Discussion

The League of Women Voters of Lee County Florida is inviting league members and the public to a discussion on Pathways and Possibilities for Lee County's Children via zoom and in-person at Collaboratory on Saturday, February 5 from 9:30 to 11 a.m.

Panelists will present issues, resources, unmet needs and future plans followed by discussion of next steps toward collaborative efforts to improve outcomes for children and their families in Lee County.

Panelists include Norin Dollard, Therese Everly, Jeannine Joy and Tessa LeSage. Dollard serves as the senior policy analyst and director of KIDS

COUNT, Florida Policy Institute. Everly is the executive director of the Lee County Homeless Coalition and also serves as a member of the Lee Memorial Health System Board of Directors. Joy is president and CEO of the United Way of Lee, Hendry & Glades Counties. LeSage serves as the director of FutureMakers Coalition at Collaboratory.

Registration options to receive a zoom link include the registration link at www.eventbrite.com/e/pathways-and-possibilities-for-lee-countys-children-tickets-229928250587, email at reservations@lwvlee.org or call 278-1032.

Collaboratory is located at 2031 Jackson Street in Fort Myers. For more information, visit www.lwv.org, www.lwvfl.org and www.lwvlee.org or call 278-1032.✱

From page 2

Historic Downtown

most famously for serenading Thomas and Mina Edison on their honeymoon at the Keystone Hotel in March 1886.

A bandstand was erected near Knight's home, at the intersection of Lee and Second, one of many settings where they gave community concerts.

Knight moved to Tampa in 1889, ostensibly because Judge Joseph B. Wall convinced him to be his law partner. In 1889, they founded the Wall and Knight law firm, the beginnings of today's international Holland & Knight law firm.

In contrast, historian Karl H. Grismer has a more down-to-earth theory as to why the town's only attorney fled Fort Myers for the big city – the new county's penny-pinching.

When Lee County was newly formed, the commissioners voted to employ Knight as county attorney at a \$200 annual salary. However, they reversed the decision at the next meeting after deciding to struggle along without a paid attorney. Maybe the young attorney saw it as a bad sign for the future of the town and his career there.

No matter his reasons for deserting Fort Myers, in Tampa, he lost no time in applying his energy and talents.

His accomplishments, offices and affiliations are too numerous to list, but to summarize, he became a leading influencer in the development of the Tampa area for the next half century, an able lawyer, businessman and philanthropist.

For a start, he served as solicitor of Hillsborough County from 1893 to 1899 and as state attorney from 1899 to 1902.

In 1893, he was one of the organizers

of Tampa's first electric streetcar line and, in 1894, helped to organize the Exchange National Bank of Tampa, where he had a law office.

In the 1930s, a Works Progress Administration project in Tampa was named for him, the Peter O. Knight Airport.

Nevertheless, Knight always remembered Fort Myers fondly. In the *Press's* golden anniversary edition in 1934, he was quoted, "I always feel as if Fort Myers were my real home, although I left there 46 years ago. The happiest days of my life were spent in Fort Myers from 1884 until October 1889, when I left for Tampa."

Knight died in 1946 in Tampa.

Walk down Lee Street and imagine a gingerbread-trim house where the town's only attorney lives and works. Then check-out the following research centers to learn more about the promising young men and women who shaped Fort Myers.

The Southwest Florida Historical Society is an all-volunteer, nonprofit organization open Wednesday and Saturday between 9 a.m. and noon. It is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts. Call 939-4044 for more information.

The Lee County Black History Society is located at 1936 Henderson Avenue, adjacent to the Williams Academy Museum at Roberto Clemente Park. Call 332-8778 for the hours or visit www.leecountyblackhistorysociety.org.

Visit the IMAG History & Science Center at 2000 Cranford Avenue or at www.theimag.org.

Sources: Archives of the Southwest Florida Historical Society, *Fort Myers Press*, *The Story of Fort Myers* by Karl H. Grismer, *The Tampa Tribune* and www.floridamemory.com.✱

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Free Federal Tax Return Preparation

Now that tax season has officially opened, United Way of Lee, Hendry, and Glades' free tax filing assistance program is ready to assist Southwest Florida residents in keeping more of their hard-earned money.

The United Way VITA (Volunteer Income Tax Assistance) program provides free federal tax filing services at over 22 sites in Lee, Hendry, Glades and Charlotte counties to individuals and families making less than \$66,000 per year. This program will be a valuable resource during the 2022 filing season to many of whom were hard hit by the pandemic and continue to struggle with having enough resources to meet their financial obligations.

Each tax return is prepared by an IRS-certified VITA volunteer who must pass an annual, comprehensive exam before preparing a single tax return. They are trained to determine if the taxpayers are eligible for the Earned Income Tax Credit (EITC), recovery rebates, education credits, child tax and/or childcare credits.

It is suggested that clients bring both their 2019 and 2020 tax returns to this year's appointments along with:

Total amount of any advanced child tax credits received July through December;

Total paid to day care provider and

their tax ID number, name and address – even if taxpayers haven't been able to claim the credit in the past;

Amount of third stimulus payment – issued mid-March 2021 to persons who qualified; and

Total cash donations for charitable contributions. Taxpayers can deduct up to \$300 for cash contributions to qualifying charities (\$600 for married couples filing jointly).

"Despite many challenges last year, over 7,025 individuals and families were served by our dedicated volunteers through the free United Way VITA tax preparation program," said Jeannine Joy, United Way CEO and president. "Client refunds combined with volunteer time, and tax preparation fees saved, resulted in a \$12 million impact to our local economy."

Taxpayers who prefer a no contact option can e-file themselves free of charge with www.myfreetaxes.com or let virtual VITA volunteers file their return online through www.getyourrefund.org/uwlee. It is simple and secure while offering online assistance with the process. Tax filers answer simple questions about their situation and securely upload their tax documents. The VITA team remotely prepares the tax return, speaks with the tax filer to review their return and files the return with the tax filer's consent.

To locate the most convenient VITA site and schedule an appointment, visit www.unitedwaylee.org/freetaxprep or call the United Way 211 Helpline by dialing 2-1-1 or 433-3900.✴

Program Extended For Family Housing

The Lee Board of County Commissioners will allocate \$1.9 million to continue a program to help families facing homelessness to transition to permanent housing.

Since May 2021, the Family Transition Collaborative has assisted 72 households consisting of 223 individuals, with 117 children. Of those families:

61 households have exited the program, including 50 households that are now in permanent housing or other shelter locations;

11 families who exited the program of their own accord; and

11 families currently in transitional hotel housing were expected to move to permanent housing by February 1.

The transition program is a coordinated effort between three entities. Centerstone, a local behavioral health provider, provided connection to temporary shelter in a hotel setting, clinical services and case management during the hotel stays. Salvation Army connected households to permanent housing through rapid re-housing and case management once families were placed in permanent housing. The Fort Myers Police Department, through its Homeless Outreach Team and road patrol, assisted with daily and over-night check-ins.

The Lee Board of County

Commissioners has made it a priority to assist people who are facing homelessness. Lee County Human & Veterans Services serves as a collaborative hub for resources – federal, state, local, private and non-profit – designated to aid county residents through supportive programs and services.

For more information on service programs, visit www.leegov.com/dhs. If you or someone you know is experiencing homelessness, call the department's coordinated entry help line at 533-7996.✴

Emergency Relief Fund For Victims

An emergency disaster relief fund for Century 21 Mobile Home Park residents who have been affected by the recent tornadoes has been established at Sanibel Captiva Community Bank (SCCB). On January 16, the Century 21 Mobile Home Park in Fort Myers was struck by an EF-2 tornado and more than 100 homes were damaged or destroyed.

The Century 21 Homeowners Association opened the account to collect much needed financial donations to benefit residents whose homes have been destroyed, damaged and for those without homeowners insurance. Donations can be made at any SCCB location to the Century 21 Homeowners Emergency Fund or by calling 472-6100. For bank locations, visit www.sancapbank.com.✴

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Book Review

Mercy



by Di Saggau

FBI agent Atlee Pine has been searching for her twin sister, Mercy, who was abducted at the age of 6. That search reaches a boiling point in David Baldacci's latest thriller,

Mercy. Atlee, after conducting an investigation that was nearly fatal, has finally discovered why her parents abandoned her and the reason behind Mercy's kidnapping. She also has proof that Mercy is alive, having survived her captors 19 years ago.

Mercy left at least one dead body behind before she fled her captors and Atlee has no idea how she has been surviving all this time. This latest novel is the fourth in a series about Atlee searching for the truth about herself and her missing twin sister. It helps if you read the preceding three books, *Long Road to Mercy*, *A Minute to Midnight* and *Daylight*.

With each book, a new piece of the puzzle is solved. Now Atlee will find out the truth about what happened to her sister. Parallel stories of both sisters soon combine and they are back together, fighting for their lives. When

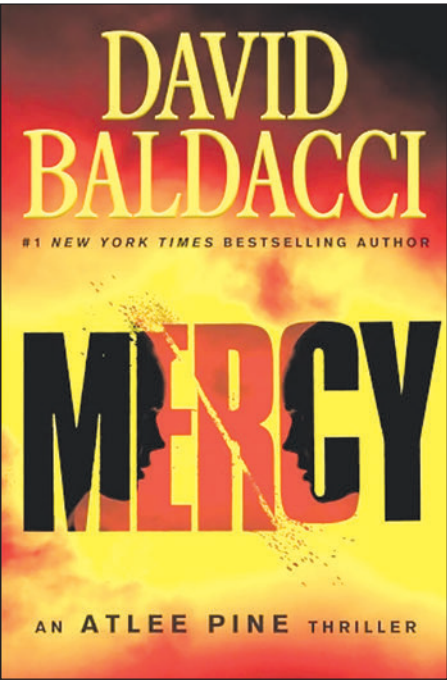


image provided

they reunite, emotions run high because their differences are greater than their similarities. The scenes involving the pursuit and capture of three central characters keep you on the edge of your seat as you are immersed in a tale full of twists, turns, mayhem, chaos, revenge, survival, danger, violence, cruelty and murder. A strong female character serves as a catalyst for the sisters' reunion.

Baldacci's writing is gritty and descriptive, and the characters are

ruthless and persistent. Mercy appears to be the last in this series and it introduces us to a new heroine, Spectator, who many feel is worthy of a series of her own. Time will tell.✧

School Smart



by Shelley M. Greggs, NCSP

Dear Shelley, My second-grade daughter is a smart child, reads well, does well in math but has messy handwriting. Her written work is not

good although she tries hard to do well. She's becoming very frustrated. What should I do?

Claudia V. Fort Myers

Claudia,

Handwriting is a complex skill and involves the ability to form letters with consistent letter size, proportions and spacing, so that others can read words and sentences. Handwriting skills take time to develop. As young children mature, we assume that their handwriting skills will improve, and that is generally the case. However, some children experience delays with their handwriting progress and that can be due to several issues, including slowly developing fine motor skills.

A good first step is to observe and analyze your child's writing. Here are some key factors to examine as you watch your daughter write. Does she form letter correctly, making them the correct size for the page? Are some letters darker than others? Does she form her letters from the bottom up, instead of the top down, use too many strokes or are the strokes done in the wrong order? Does she hold and control the writing tool correctly? How are the letters and words space on the page? Are words and sentences floating above or below the line, written on too much or too little a slant or spaced unevenly or running into each other?

Another important part of good penmanship is having adequate core strength. Core strength is important because the core supports the rest of the body. Poor posture and weak core muscles can lead to issues with handwriting because a child will not have the strength to sit up straight or to grasp the pencil properly.

Impulsive or inattentive children may also have poor handwriting. This is typically not related to fine motor skills. Instead, it's the lack of attention to detail or focus to the task at hand that can result in sloppy or messy written work.

Producing legible handwriting requires complex visual perceptual skills as well as an integration of motor skills with these visual perceptual skills. Schools screen for this but another screening might be in order if there doesn't seem to be another reason for the poor handwriting. For a more in-depth explanation on these skills, visit www.fwcs.k12.in.us/

[images/useruploads/SpecialEducation/visual_perceptual_skills_required_for_handwriting.pdf](#).

So, what can help with messy handwriting? After you observe your child's handwriting and have some idea of how they form their letters, their posture and form, an important step is to talk with your child's teacher and share your observations. Chances are the teacher is seeing some of the same things and perhaps you can coordinate an intervention strategy.

And even if it's not clear what's going on, you can still work on some building skills at home. Using different pencils and pencil grips, graph paper for writing assignments and raised line paper may help. These items can be purchased at a school supply store or online. For tracing and drawing exercises that might help, visit www.understood.org/articles/en/download-tools-to-help-with-handwriting for free downloads of practice sheets for handwriting.

Give your child constructive praise as she or he works to improve their handwriting. This praise should be very specific and identify exactly what the child has done correctly rather than giving a generic "good job" type of compliment. Everyone likes to hear what they have done well, and explicit praise will give your child an incentive to keep working and repeat the correct behavior.

Shelley Greggs is former faculty at Florida SouthWestern State College, where she taught psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. To contact her, email smgreggs@gmail.com or visit www.schoolconsultationservices.com.✧

From page 1

Birthday Party

of Light organizers for providing the cake. Students from Edison Park Creative and Expressive Arts School will perform stringed instruments. The Boys in Black from Edison Park Creative and Expressive Arts School will sing and dance. Students will sing happy birthday to history character, Mr. Edison, and birthday cake will be served.

At 11 a.m., music will be played on the antique Calliope (circus car).

At 2 p.m., John Kurdyla, a phonograph expert, will provide a phonograph demonstration on the museum porch.

Historically, local school children performed for Edison on his birthday. More than 10 years ago, teachers from the school reinstated the historic dance program that features music and dance of the Edison Era as well as contemporary favorites. The birthday party is an opportunity for the school children to demonstrate their talents.

The party is a free public event (does not include tours or admission to the museum or lab) with limited seating.

Edison and Ford Winter Estates is located at 2350 McGregor Boulevard in Fort Myers. For more information, visit www.edisonford.org.✧



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Professionals To Share Marketing Strategies

The speaker lineup and agenda for the Southwest Florida Chapter of the Florida Public Relations Association (FPRA) annual PR University, held in Building AA, Room 177 at Florida SouthWestern State College (FSW) on Friday, February 25 from 8:30 a.m. to 4:30 p.m., is as follows:

Media Relations Best Practices presented by Darrel Lieze-Adams, vice president and station manager at Waterman Broadcasting of Florida (ABC-7 and NBC-2) – Learn how to develop a winning press release for guaranteed media attention; tips and tricks to increase chances of getting earned media; and best practices on building relationships with the media.

Personal Branding on Social Media and Social Networking presented by Dr. Nancy Richmond, marketing professor at Florida International University's College of Business for the Department of Marketing and Logistics – Strengthen your personal brand on social media; and develop your social organization by networking with colleagues

Brand Refresh – How to Make a Good Brand Better presented by Carlos Collazos, owner and CFO at C+8 Design – Review a case study on how to make a good brand even better; and view before and after examples of a successful brand refresh.

The Importance of Awards presented by Holly Boldrin, APR, CPRC, director of public relations at Priority Marketing and Emily Golden, public relations manager at Priority Marketing – Discover why awards are important, both professional and personal; learn how to create an award-winning campaign; and tips on how to find award opportunities and how to put together a winning entry.

Using Video to Tell Compelling Stories presented by Mike Haley, owner at M&M Multimedia and David Cintron, lead multimedia producer at M&M Multimedia – How to properly tell a story and make it interesting; the art of storytelling; and incorporate statistics,

but make it interesting.

Communicating Through Crisis, with an Expert Healthcare Panel presented by Mary Briggs, APR, CPRC, system director of strategic communications and public relations at Lee Health; April Donahue, executive director at Collier County Medical Society; and Kristine Hollingsworth, assistant to the administrator and public information officer at Florida Department of Health in Collier County – Communicating through COVID-19; discover and communicate with multiple audiences and various messages; and media relations and transparency limitations.

PR University is open to the public and ideal for seasoned and young professionals as well as business owners who communicate with internal and external audiences. The seminar offers valuable education, professional development and networking opportunities with other Southwest Florida professionals.

Early-bird pricing for the special event is \$79 for members, \$109 for future members and \$49 for students. To register, visit www.fpraswfl.org/events/pr-university-pr-strategies-to-ignite-your-brand. Early-bird registration ends February 4, and the registration deadline is February 20. Seating is limited.

The event sponsors are CONRIC PR & Marketing, LCEC, M&M Multimedia, *Southwest Florida Business Today*, Millennium Physician Group, Florida SouthWestern State College, Intech Printing, Lee County Supervisor of Elections and Publix Super Markets Charities.

FSW is located at 8099 College Parkway in Fort Myers. For more information, visit www.fpraswfl.org.

Dean's List

Joseph Mera of Fort Myers and Taylor Yount of Cape Coral have been named to the dean's list for the fall 2021 semester at Samford University in Homewood, Alabama.

To qualify for the dean's list, a student must have earned a minimum 3.5 grade point average out of a possible 4.0 while attempting at least 12 credit hours of coursework.



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From left, Jonathan Brooke, Lance Allen, Colin Marshall and Jim Dwyer captured first place as a team at the 2020 Paul Sands Memorial Slaw Dog Invitational photo provided

Golf Benefit Raises Funds For Nonprofits

The 25th annual Paul Sands Memorial Slaw Dog Invitational at the Cypress Lake Country Club (CLCC) in December raised \$106,000 for three non-profit organizations in Southwest Florida. Organizers hoped to raise more money through event sponsorships this year to support local nonprofits.

Co-creator Scott Fischer often reflects on the day just over 25 years ago when he and Paul Sands sat on the porch at CLCC to share their passion for giving, golf, good friends and slaw dogs. What started on a whim as two close friends reflected on the upcoming holidays after a round of golf, has grown into one of the most highly anticipated annual charity golf tournaments.

"Here we are 25 years later and it's still going strong," Fischer said.

The tournament sells out each year.

In fact, as some golfers have aged out over the years, their adult children quickly claim the coveted spot to play in the Slaw Dog Invitational.

Generous donations have helped to surpass the event's annual fundraising goal of \$20,000. In 2021, Dave Veracka of Rockstar Harley-Davidson pledged to match up to \$50,000 in donations. Thanks to this generosity, the 25th Annual Paul Sands Memorial Slaw Dog Invitational is now the most successful in this event's history.

For more information about the invitational and the tentative 2022 date, visit www.facebook.com/slawdoginvitational.

College Graduates

Lily Griffith and Nina Griffith of Fort Myers were awarded degrees during the fall commencement ceremonies at the University of Alabama. Both received bachelor of arts degrees.

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Using Donor Advised Funds In Your Estate Plan



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

Donor-advised funds (DAFs) are usually free and easy to establish, and can be used a variety of beneficial ways in your estate plan. A donor-advised fund is like a charitable investment account, for the sole purpose of supporting charitable organizations that you care about. When you contribute cash, securities or other assets to a DAF at a public charity, you are generally eligible to take an immediate tax deduction, although they can also be used in testamentary (after death) planning. Most DAF accounts at the big brokerage and online mutual fund companies qualify as public charities.

There are a few problems about naming a charity directly in your will or trust that can be mitigated by using a DAF. Suppose, for example, that you name different charities receiving different percentages in your will or trust. If you ever want to add a charity, delete a charity or change the percentage bequest, you must create a codicil to your will or amend your trust. Testamentary documents must be signed in accordance with state law, which generally requires you to use an attorney in order to assume that you've accomplished your change correctly.

If instead you name a DAF, you need only change the charities and percentages inside of the DAF, which now can usually be accomplished online. Assume, for example, that Sam Houston establishes a DAF at a large online mutual fund company. The charities he wishes his DAF to benefit include his university, church and a local environmental organization. He instructs his attorney to name "Sam Houston Charitable DAF" as a beneficiary of his trust. If he later wants to add the American Heart Association to his DAF, he does not need to amend his trust. Instead, he logs onto his DAF online, adding it and adjusting all the percentages of the other charities so that they add up to 100 percent.

Many clients have larger qualified retirement account balances, such as in traditional IRA and 401(k) accounts. If you name an individual or trust that benefits an individual as the beneficiary, income tax will be due on the distribution from the Inherited IRA. Instead, if you name a charity, there will be no income tax due. Somewhat problematic, however, is that several IRA custodians increasingly require the charity to establish an account with that custodian before transferring the bequest. This isn't a problem for large charities like the American Heart Association but can be quite the strain on your local church who may not have staff to complete the paperwork.

Rather than naming the charities as direct beneficiaries of your IRA account, you can establish a DAF and name it. The DAF then makes distribution to the charities without the requirement for additional paperwork.

There are some things to know about DAFs. They are not a private foundation, which is a separate legal entity. Private foundations must go through a rigorous process to obtain a tax exemption letter from the IRS, and are subject to more stringent tax laws and regulations, including tax filings and recordkeeping requirements.

DAFs are part of a larger charitable organization established by a custodian broker or by a charity itself. This means less record keeping on your (or your estate's) part. As such, however, there's a governing body which must approve charitable distributions you recommend. Before establishing the DAF, you'll therefore want to investigate with the supporting organization whether your charities are or will be approved, especially if they are a bit out of the ordinary.

If your DAF will largely be a testamentary transfer device, you'll want to nominate individual(s) of your choosing to be your successor. You'll want to ensure that any successor that you name will carry out your wishes rather than change the beneficiaries. Generally, many DAFs allow you to log in and name and/or change your successor.

The grants your DAF bestows can be public or can be anonymous. Further, your DAF may ask the supporting organization to attach a specific purpose to your grants, which would be relayed to the charity. You cannot, however, legally bind pledges with a DAF. You may also make grant recommendations "in honor of" or "in memory of."

If a Donor Advised Fund interests you, talk to your estate planning attorney about the most advantageous way to incorporate it into your estate plan.

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Front from left, President Kent Poli, Vice President Lori Moore, Treasurer Justin Thibaut and 2021 President Bill Morris; back from left, Governors Kristine Smale and Art Castellanos, Scholarship Chair Bev Larson and Governors Dan Adams, Richard Akin and Greg Blurton

photo provided

REIS Announces New Officers And Board Members

The Real Estate Investment Society (REIS) held the election of officers and the board of governors to lead the organization during 2022. They are President Kent Poli of Busey Bank; Vice President Lori Moore of Roetzel & Andress; Treasurer Justin Thibaut, CCIM, of LSI Companies; and Secretary Josh

Philpott, AICP, of Stantec.

The board of governors includes Dan Adams of Stevens Construction; Richard Akin of Henderson Franklin Starnes & Holt, PA; Greg Blurton of Edison National Bank; Art Castellanos of Castellanos+Tramonte Architects; Janet Davis, CCIM, of Midland 1031; Phil Fischler of Fischler Property Company; and Kristine Smale of Zonda. Immediate past president Bill Morris, PE, of Morris-Depew Associates, also joins the board.

For more information on membership and meeting programs, visit www.reis-swfl.org.✱

Marketing Firm Promotion

CONRIC PR & Marketing has promoted

Justin Ungar to the position of vice president of creative. In this leadership role, Ungar will work collaboratively with CONRIC's creative team to develop and lead visual brand strategy, communications and guidelines for the agency's growing list of clientele in 35 states across the country.

Ungar has served as art director with CONRIC since 2017. Many of his visual designs created in collaboration with CONRIC's team have earned regional, national and international awards and recognition.✱



Justin Ungar

high power electrical equipment, will explain why some materials have super conducting properties and their important applications. The presentation is intended for a general audience interested in science. The public is invited.

Cost is \$32 per person. Reservations for the dinner and program are required.

Membership in the Scientists' Society is open to everyone interested in science and interested in encouraging students in the local Lee County school community to pursue STEM education. Degrees in sciences are not required.

The Landings Yacht, Golf and Tennis Club is located at 4425 South Landings Drive in Fort Myers. To reserve, visit www.science-swfl.org or call 839-6663.✱

Free Autism Screening

Golisano Children's Hospital of Southwest Florida, in partnership with Ronald McDonald House Charities of Southwest Florida, will offer a free monthly autism spectrum disorder (ASD) screening for toddlers 18 months to age 5 at the Pediatric Specialist Office on Friday, February 18 from 9 a.m. to 2 p.m.

The ASD screening is conducted by the Golisano Children's Hospital of Southwest Florida. The screenings are administered by an advanced practice registered nurse, who has extensive training and experience in typical child development and developmental disorders. A physician referral is not required. The Pediatric Specialist Office is located at 15901 Bass Road, Suite 102, in Fort Myers. To schedule a screening, call 343-6838.✱

Scientist Society To Meet

The Scientists' Society of Southwest Florida will learn about the properties of super conductors during its dinner meeting at The Landings Yacht, Golf and Tennis Club on Thursday, February 10. Social hour begins at 5:15 p.m., and the meeting/dinner starts at 6 p.m.

Dr. Martin Hudis, who has a PhD in nuclear engineering from MIT and over 40 years of experience in developing

Superior Interiors

Reasons To Rearrange Your Furniture



by Marcia Feeney

Picking out a new color scheme and investing in updated decor for your favorite room may be exhilarating, but when was the last time you rearranged the furniture? Mixing things up through

the placement of your chairs, end tables and sofas is a simple way to enhance your room and give it an entirely new look and feel. Rearranging furniture every season, or at least once a year, can be beneficial in many ways.

Whether you entertain on a regular basis, or your family members are the only people who frequent your living space, there's no escaping the foot traffic that will inevitably wear down your carpeting or hardwood flooring. By moving the furniture around, you can essentially hide the heavily touched floors and expose the space that was protected by your sofa or lounge chair for years.

When was the last time you gave the living room, bedroom, or guest space a deep clean? Not just a vacuum and dusting, but a true deep cleanse of the carpeting underneath the furniture, as well as all of the corners and walls hidden by the bed, sofa, chairs, television console or wardrobe? Rearranging your furniture offers the perfect opportunity to

thoroughly clean the room from top to bottom, something you should consider doing a couple times a year, perhaps to flow with the season changes.

Is there a room in your house that you wish you could dream bigger? You don't have to knock down any walls or move to a new home to get that larger living space. Maybe all you need to do is rearrange the furniture. If you're short on space, keep large pieces of furniture against the wall to maximize the room. If you feel like you have a little more space to work with, try floating your furniture, which means bringing those staple pieces that would normally sit on the wall to the center of the room. Not only can this make the room feel bigger, but it'll also encourage steady traffic flow and could potentially make the space look like an entirely different room.

Did you know that moving your furniture around can actually make you feel better? Rearranging a room can elevate your mood, instilling satisfaction, effectiveness, creativity and comfort. It's also a simple way to clear your mind; just as you're cleaning the clutter of the room while rearranging your furniture, your mind becomes at ease, grounded and clearer. So don't wait around for a bad day, start moving things around in a room that feels less comfortable than it once did for a natural mood boost.

If your furniture has been in the same place since you moved in, it's time for a change. Don't feel intimidated if you don't know where to get started, a design professional can offer a helping hand. He or she will evaluate your space, discuss a few ideas and develop a floor plan so you'll feel confident in changing things up.

Marcia Feeney is an interior designer on Sanibel/Captiva Islands. She can be reached at marcia@coindecten.com.

Beautifulife:

Seabiscuit



by Kay Casperson

There are very few movies that I will watch more than once, and *Seabiscuit* is one of them. I may be drawn to it for several reasons. Perhaps it is because I love horses and have owned many,

both bought and rescued. Or maybe because I love the moral of the story, which is that everyone and everything deserves a second chance. But mostly because it inspires those who watch it to never give up on anything or anyone; persistence will persevere.

Seabiscuit was a champion thoroughbred racehorse in the United States. He became the top money-winning racehorse up to the 1940s. He beat the 1937 Triple Crown winner, War Admiral, by four lengths in a two-horse special and was voted American Horse of the Year for 1938.

But the facts surrounding his rise to glory and fame are not typical. He broke all the rules. He had lousy conformation,

was small in stature, and did not train well. Yet, he blossomed and captured the hearts of many. At the start of his career, he had raced 35 times when just 2 years old, producing five wins and seven second place finishes.

The streak of success did not last long. Although Seabiscuit was trained by one of the best, he fell short on his performances and was banished from the racing community. Then one day, he was bought by a caring man who gathered together a team of handlers, trainers and riders searching for a new outlook on life, a new chapter and a second chance. This man saw the potential in all of them before they did. This is the most inspiring part of this true story.

From that day on, Seabiscuit went on to win many races. As a result of his soaring popularity and winning streak, he was selected for the ultimate race with War Admiral. The race was called the Match of the Century and he delivered an unforgettable show, dominating the race by four lengths. In 1938, he acquired the Horse of the Year title. At the end of his career in 1940, he retired as winning more money than any racehorse.

This is indeed a true story about second chances. From the horse to the owner, to the trainer, to the rider, all involved were at the end of their rope, needing someone who believed in them enough to give them

a second chance. And because of this, everyone involved thrived and ultimately succeeded.

I believe that we all deserve a second chance; some of you have already had yours and appreciate this very same message and story. Many of us would not be where we are today if not for second chances. Whether yours is to love again, work again, play again or win again, you deserve it. If you surround yourself with people who believe in you and support you, I am confident you will always go on to succeed.

Industry-Leading Pros Showcased At Seminar

The Southwest Florida Chapter of the Florida Public Relations Association (FPRA) will host its annual PR University seminar titled Mission: Liftoff – PR Strategies to Ignite Your Brand at Florida SouthWestern State College in Building AA, Room 177 on Friday, February 25 from 8:30 a.m. to 4:30 p.m.

Open to the public, this full-day event showcases industry-leading professionals in business, education, healthcare, media and more sharing their best practices, takeaways and case studies on how to take your brand to the next level through effective storytelling, earned media, award-winning campaigns and other real-world tools that can be used daily.

My affirmation you this week is: "I am embracing my second chances in life and will continue to thrive in all that I have worked for, dreamed of and desired."

Kay Casperson is a beauty and lifestyle expert, founder and CEO of Beautifulife by Kay Casperson. She owns resort spas on Sanibel and Captiva islands and manufactures beauty and lifestyle products sold across the country. To stay inspired, visit www.kaycasperson.com or follow on social media @kaycasperson.

Ideal for seasoned and young professionals as well as business owners who communicate with internal and external audiences, PR University offers valuable education, professional development and networking opportunities with other Southwest Florida professionals.

Cost is \$79 for members, \$109 for future members and \$49 for students. Registration deadline is February 20, and seating is limited.

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Florida SouthWestern State College is located at 8099 College Parkway in Fort Myers. To register, visit www.fpraswfl.org/events/pr-university-pr-strategies-to-ignite-your-brand.

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Frankly Speaking



by Howard Prager

Cincinnati Bengals, you keep surprising us. Being a visitor doesn't bother you. Good luck against home team L.A. in the Super Bowl, who managed to shut down the 49ers

in the final minutes of their playoff. Ash Barty, you've done your country proud being the first native to win the Australian Open since your mentor, Yvonne Goolagong Cawley, did so 44 years ago. Cawley did not attend because she was ill, but surprised Barty by being secretly flown in and isolated in a separate room until the moment of the presentation, when she was revealed as the surprise dignitary to hand over the Daphne Akhurst trophy. Beautiful moment. And kudos to Rafael Nadal who now takes the lead in total Grand Slam victories by winning his 21st major tournament.

Warm thoughts, sports fans. I had the pleasure of interviewing a former owner of the Seattle Mariners, Jeff Smulyan. We talked about baseball past, present and future. His assessment and insight into owning a major league franchise is fascinating.

HP: What are the challenges with

owning a baseball team?

JS: As a new owner, you're the biggest hero the first few years. A friend of mine came to visit me and spent the day with us and said, "This is like a real job." Especially in smaller markets, it's a struggle to just break even. It was a challenge – I loved it. But I didn't have enough money to own a team in a smaller market. Math is tough. It's a business. You get involved by hiring good people. It's only a few players on a team that make the big money. No one loves a sports owner. Tom Werner, one of the owners of the Red Sox once said "Rather than losing \$10 million and finishing third, I would rather donate \$10 million to charity and finish fifth." He got skewered for that comment. One title owners want to have – former owner.

HP: What are the differences between owning a team in a small versus large market?

JS: In a small town, there's a willingness to keep teams. It's a point of civic pride. Indianapolis will spend \$900 million on a football stadium. LA's SoFi Stadium cost \$4 to \$5 billion, and the city didn't have to invest in it at all. Smaller towns have a much greater willingness to invest.

HP: Is there a favorite moment you'd like to share?

JS: Having Ken Griffey Jr. on the team and watching him take batting practice. Every night before games, we'd sit behind home plate. He'd come up to us afterwards and talk about the game that night.

HP: What are the key issues you see in the MLB lockout today?

JS: No salary cap. There's tension between a player's union that wants more money and owners who don't. We want to control the total amount of dollars in the game. The issues are fervently fought. Teams have unequal revenues. In football, all teams share the revenue. That's what allows a team from Green Bay to compete with teams from much larger cities.

HP Why aren't younger people following baseball?

JS: Baseball doesn't excite today's generations. Video games are fast and violent, just like football. Baseball is a cerebral, slow game. Today, kids don't want to talk about who may be coming out of the bullpen. Baseball is just a slower game, especially to them.

HP: Baseball keeps tinkering with ways to speed the game up. Is there something else they can do?

JS: Difference in the time of the game now is an extra hour because of TV. We used to have one minute between innings; now it's three minutes. More bullpen calls. A starter may go five innings and then turn to specialists, with four to five pitchers in a game. They've tried pitch clocks, 20 seconds to throw the ball, maximum number of pickoffs. We need a faster game that can entice younger people. Today, an average NFL game audience is twice that of a World Series game. Baseball is more of a regional sport – if your team is in the pennant race, you're more apt to be involved.

HP: What's the future for baseball managers?

JS: It's like the money ball era. Billy Beane now with specialists as coaches. Most GMs have MBAs. There are 20 Theo Epstein's out there. Always a tradeoff in the game between data people in the front office, and coaches and people knowledgeable about the game on the field. But we can't measure going by your gut.

HP: Last year, baseball agreed to start providing minor leaguers better housing allowance. What's their future like?

JS: The minor leagues are subsidized by major leagues. Owning a minor league team is pretty good because major league team pays part of their

expenses. Minor leagues produce two to three prospects per year. That's costly development. Yet, politically, no one wants to change that. NFL has no development costs, it's all borne by the NCAA. Baseball funds all these kids through minor leagues, plus pays for scouts and a front office. No one's making much except the top 10 percent of players. It all siphons through to a few people.

HP: What do we need to worry about?

JS: Biggest threat to the game is people cutting their cable cord. An 85-year-old grandmother in Pasadena is paying \$30 to \$35 per month for sports. Cable's highest fees goes to sports, especially baseball and basketball. People are cutting their cable package off. It was 105 million viewers and is now down to 70 million. Sports is driven by subscriber fees. They would love to just go directly to sports fan, but sports fans are only 30 percent of the audience. Grandma is subsidizing them.

HP: What's your outlook?

JS: Upbeat. People care about sports and as long as they care; it will continue to thrive.

Our good news story comes from the Des Moines Register. When outgoing Iowa Cubs owner Michael Gartner gathered the team's 23 full-time employees at the end of the year, he told them he was handing out new business cards. What he handed out instead were bonus checks to the tune of \$600,000, the *Des Moines Register* reported. The money came from profits from the recent sale of the team, and Gartner and his four associates wanted to share those profits with staff members. Everyone, including the club's custodian, got a check — \$2,000 for every year they had been employed, even as interns. The longest tenured employee received a check for \$70,000. "It was pretty crazy," Iowa Cubs broadcaster Alex Cohen said. "People were crying and shaking." Baseball is about family and caring, all the way around.

Howard Prager is the son-in-law of longtime columnist Ed Frank. Prager is a sports enthusiast from the Chicago area who also writes and blogs about leadership. Email comments to press@islandsunnews.com.✴

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SPORTS QUIZ

1. Name the NASCAR Hall of Famer who in 1963 became the first Black driver to win a race in NASCAR's premier Grand National Series.
2. What Panamanian jockey amassed 9,530 career wins, including one at the Kentucky Derby (1984) and three straight at the Belmont Stakes (1982-84)?
3. What NFL franchise played its first season in 1967 but did not have a winning campaign until it finished 12-3 in the strike-shortened 1987 season?
4. What New York Yankees lefthanded pitcher was named AL Rookie of the Year in 1981 and threw a no-hitter on July 4, 1983?
5. What name did the NBA's Washington Wizards franchise have when it was established in 1961?
6. Federation Internationale des Echecs (FIDE) is the global governing body of what game?
7. Name the Denver Nuggets coach who was fined and suspended for ordering his team to stop playing defense during a 156-113 loss to the Sacramento Kings in November 1983.

ANSWERS

1. Wendell Scott. 2. Laffit Pincay Jr. 3. The New Orleans Saints. 4. Dave Righetti. 5. The Chicago Packers. 6. Chess. 7. Doug Moe.

Doctor and Dietician

Are You Heart Smart?



by Ross Hauser, MD
and Marion Hauser, MS, RD

With Valentines Day just around the corner, let's talk a little about the heart. The heart is the large muscle in our bodies that pumps blood through the blood vessels throughout the circulatory system. This blood carries oxygen and nutrients to the body, while also carrying metabolic waste such as carbon dioxide to the lungs. The heart pumps about 5.7 liters of blood in a day and beats on average 100,000 times per day. Not only is the heart one of the central organs in our physical bodies but it is the place where emotions and desires originate, driving us to action, creating our behaviors.

With what we see going on in the world these days, you might say that humanity has a heart problem. Our spirit life begins in the heart. When things may not make sense to our hearts, Proverbs tells us to "trust in the Lord with all your heart and do not lean on your own understanding." We alone cannot control the circumstances around us. Let go, let God.

What can we do to keep our hearts strong and steady?

Research shows that getting out in nature helps relieve stress and anxiety, improves mood and boosts feelings of happiness. Our brains and our hearts benefit from getting back to nature. When we are up against feelings of stress, depression, anxiety, self-absorption, fatigue and feel anti-social or uninspired, getting outside in nature can help us make a complete turnaround. Have you taken time to look around in awe

and wonder at the beauty of the stars, the sun, the moon, the sand, the trees? God's creation all around should be awe-inspiring and stimulate our senses to realize that we are part of this amazing universe. How much time have you spent outside lately? We cannot encourage you enough to take a walk, ride your bike, swim in the gulf, or visit a nature preserve.

What can we do nutritionally to strengthen our hearts? Well, the American Heart Association for years has been suggesting a low cholesterol, low sodium diet. Unfortunately, there is so much more to heart health than this. In our years of work at Caring Medical, we have researched this topic and come to realize that much of the heart disease problem is related to inflammation, allergies, lack of nutrient-dense food intake and an overabundance of chemicals in the typical SAD (standard American diet). Chemicals, additives and allergens cause stress and inflammation in the body. Consuming a diet that has a low toxic load and is easily utilized by the body is key to heart health.

Most people need to avoid dairy, wheat and sugar. Wheat processed in other countries could be good, but here in the US, it is terrible. Excessive sugar and/or artificial sweeteners, chemical-laden "non-foods," hydrogenated oils, preservatives, dyes and flavor modifiers should be avoided as much as possible. Those types of things should never come near your mouth.

We should eat whole, fresh, organic foods when at all possible. Food is our life source. Ingesting terrible, poor-quality food and expecting optimized health is dumb. Heart disease incidence is climbing, and people are showing up with signs of it at much younger ages. Why? Poor nutrient intake. Increased incidence of anxiety and stress. Increased cell phone use and facedown lifestyles lead to instability in the cervical spine, thus cutting off vital nutrient supply to vital organ systems, as well as blocking the vagus nerve that can then affect the heart. We will discuss more in part two of this article.

The choice is ours. We live in an amazingly beautiful place where we can be outside every day of the year. We have access to fresh food. We can walk, run, or bike outside any time. We can choose to be positive and show love to one

another. Our heart health is in our own hands. Let's make it good.

*This information is not intended to treat, cure or diagnose your condition. Ross Hauser, MD, and Marion Hauser, MS, RD, established Caring Medical in 1991. Caring Medical Florida and the Hauser Neck Center are located in Fort Myers. They can be reached at info@caringmedical.com.**

dearPharmacist

Ways To Treat Sudden Low Blood Pressure



by Suzy
Cohen, RPh

Dear Readers:

When I was a practicing pharmacist at a large retail chain, I'd get this type of phone call a lot: What do I do? My husband took his blood pressure pill and now he feels faint! Is that normal?

Probably every pharmacist has received a similar call after dispensing any one of the popular anti-hypertensives like losartan, lisinopril, nifedipine and atenolol.

The answer given depended on the severity of the situation of course, and we were always mindful of having the patient's doctor informed and notified. A person often experiences low blood pressure because they have high blood pressure, and they're supported on blood pressure pills to bring it down. But the problem is that it can go down too fast, and too much. Hence, a hypotensive crisis can occur.

Kidney dysfunction, heart disease, sleep apnea as well as thyroid disease are other causes for a hypotensive crisis. Vitamin B12 deficiency is known to cause pernicious anemia and it's quite common. This is an overlooked but common cause of chronic low blood pressure.

The symptoms are the sensation of dizziness or feeling faint and lightheaded. There could also be nausea, weakness

and inability to focus or concentrate. Vision can be impacted. If it's serious, of course, call 911 and get help. Smelling salts aren't a bad idea while you're waiting for help.

For simple, occasional bouts of sudden low blood pressure, I could recommend the following:

1. Lie down and put a thick pillow under your legs so your head gets more blood flow. The reason you feel faint is because the blood left your head, so this positional change should be done first.
2. Munch on something very salty like potato chips, or drink salt water if you can sit up. It's made up of half cup water and half teaspoon sea salt. Stir it well.
3. Generally speaking, drink more water. The more fluid you drink, the more pressure there is inside your blood vessels and that's the goal.

4. Compression stockings are great if you have those. You should buy a pair of compression hose if you are on a blood pressure drug because you never know when you'll experience this problem.

5. Fludrocortisone is a prescription medication that raises blood pressure. It works by controlling the sodium and the fluid balance in your body.

6. Do not get up fast. Even if you have been on a medication for years, and you feel confident of its effects, still I caution to never get up fast.

7. Licorice teabags can be used because that will elevate blood pressure too. If someone is around to help you steep this while you lay down with your legs up, it would be ideal. These teabags are sold everywhere. They are used most often for liver disease and, more recently, for respiratory infections.

If you'd like to receive a more comprehensive version of this article with more tips, sign up for my newsletter at www.suzycohen.com.

*This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.suzycohen.com.**

Donate Blood

Lee Health is seeking blood donations to help replenish supply levels. Visit www.leehealth.org/our-services/blood-centers for more information.*

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ARTS

Alliance for the Arts	939-2787
Arts For ACT Gallery & Studio	337-5050
Art League Of Fort Myers	275-3970
Barbara B. Mann Performing Arts Hall	481-4849
BIG ARTS	395-0900
Broadway Palm Dinner Theatre	278-4422
Cultural Park Theatre	772-5862
Edison Festival of Light	334-2999
Florida Repertory Theatre at the Arcade	332-4488
Florida West Arts	948-4427
Fort Myers Harmonica Band	610-653-7940
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	489-1800
Harmony Chorus, Charles Sutter, Pres	481-8059
Naples Philharmonic	239-597-1111
The Schoolhouse Theater	472-6862
SW Florida Symphony	418-0996
Theatre Conspiracy	936-3239
Young Artists Awards	574-9321

American Legion Post #38	239-332-1853
Angel Flight	1-877-4AN-ANGEL
Animal Refuge Center	731-3535
American Business Women Association	357-6755
Audubon of SWFL	https://www.audubonswfl.org/
Caloosahatchee Chapter DAR	482-1366
Caloosahatchee Folk Society	321-4620
Cape Chorale Barbershop Chorus.	1-855-425-3631
Cape Coral Stamp Club	542-9153
duPont Company Retirees	454-1083
Edison Porcelain Artists	415-2484
Embroiderers Guild of America - Sea Grape Chapter.	239-267-1990
FM UDC Chapter 2614	728-3743
Friendship Force Of SW FL	561-9164
Garden Club of Cape Coral	239-257-2654
Horticulture and Tea Society.	472-8334
Horticultural Society	472-6940
Lee County Genealogical Society	549-9625
Lee Trust for Historic Preservation	939-7278
Navy Seabees Veterans of America.	731-1901
Paradise Iowa Club of SWFL	667-1354
Sons of Confederate Veterans	332-2408
Southwest Florida Fencing Academy.	939-1338
Southwest Florida Music Association.	561-2118
Kiwanis Fort Myers Beach	765-4254 or 454-8090
Kiwanis Fort Myers Edison	694-1056
Kiwanis Fort Myers South.	691-1405
Iona-McGregor	482-0869
Lions Club Fort Myers Beach	463-9738
Lions Club Fort Myers High Noon	466-4228
Lions Club Estero/South Fort Myers	898-1921
Notre Dame Club of Lee County	768-0417
Organ Transplant Recipients of SW Florida	247-3073
POLO Club of Lee County	477-4906
Rotary Club of Fort Myers	332-8158
Sanibel-Captiva Orchid Society	472-6940
United Way of Lee County	433-2000
United Way 211 Helpline (24 hour).211 or 433-3900

Bailey-Matthews National Shell Museum	395-2233
Burrough's Home	337-9505
Calusa Nature Center & Planetarium	275-3435
Edison & Ford Winter Estates	334-7419
Fort Myers Skate Park	321-7558
Imaginarium Hands-On Museum & Aquarium	321-7420
JN "Ding" Darling National Wildlife Refuge	472-1100
Koreshan State Historic Site	239-992-0311
Langford Kingston Home	239-334-2550
Ostego Bay Foundation Marine Science Center	765-8101
Skatium	321-7510
Southwest Florida Historical Society	939-4044
Southwest Florida Museum of History	321-7430
True Tours	945-0405

PUZZLES

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the qag!

Swap

DATER

Warrior

PARANTS

Unrelated

TALENT

Static

AIRDO

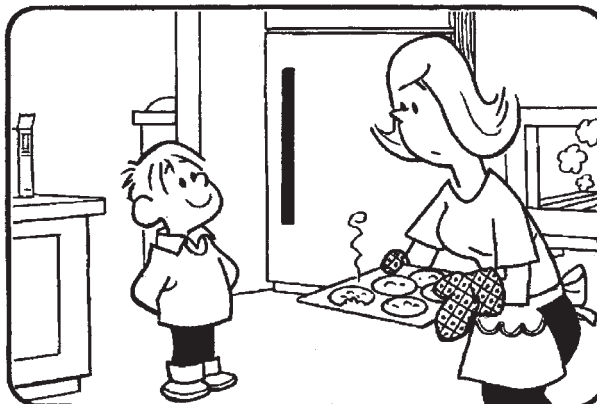


"Off-hand, I'd say he's

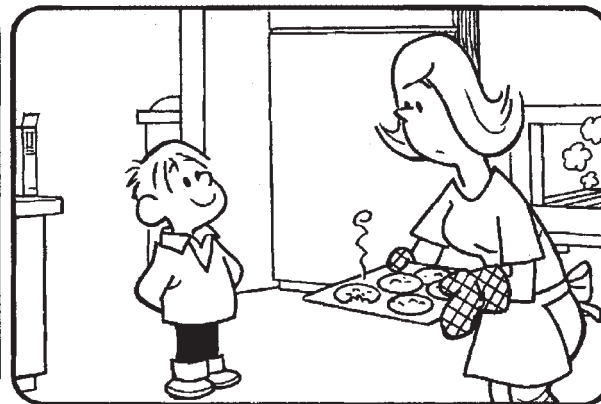
_____!

TODAY'S WORD

BY
HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Cabinet is moved. 2. Neckline differs. 3. Handle is missing. 4. Gloves are different. 5. Apron is different. 6. Pants are different.

1			6			9		
		2			7		3	
	6			2		5		1
	3		5					4
7	2			4		8		
		5			6		7	
	1		8		4			2
		9		3		6		
8			7				1	

To Play Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

PUZZLES

Answers on page 23

Super Crossword SLICK MIDDLE

- ACROSS**

1 Musical McEntire

5 Bank acct. underwriter

9 Skate parts

15 Church seats

19 Students at Yale

20 — avis (one of a kind)

21 Actor Shaw

22 Take one's leave

23 Photoelectric cells used for IDing

25 Title heroine of a 2001 French film

26 Onetime rival of Nintendo

27 Charges to get some quick cash

28 Property of a body in motion

31 Vardalos of the screen

32 Morales of "Bad Boys"

34 Roman 1,501

35 Noisy tot toy

36 Principles of household management

42 Rooted (in)

43 Hidden obstacle

44 Kitchen flooring, to a Brit

45 Sullen

47 Gore and Pacino

50 Humorous impact

58 Tightens, as one's fist

63 Track circuit

64 Chute-deploying jumper

65 Goth foe

66 Fixed fashionably

68 Dollar part

70 Author — Rogers St. Johns

71 Taj Mahal locale

73 Person on a most-wanted list

77 Geraint's patient wife

78 Averse (to)

80 Swanky

81 Diplomat

83 Suffix with ethyl

84 Strong coffee

87 Suffix with fact

89 One frosting a cake, e.g.

91 All-out attempt

94 Potentially shocking fish

95 Discontinued iPod

96 Rock concert equipment

99 Speak like Daffy Duck

103 Hits, as a fly

108 Imaginary band on the earth's surface

113 Form a single file

115 "— tu" (Verdi aria)

116 Healing sign

117 Drink in a schooner

118 Luge, diving and biathlon

123 Saintly

125 Sit heavily

126 Clause's cousin

127 Face-off area in hockey (or what's found in eight answers in this puzzle)

129 Article in Germany

130 Yamaha products

131 "— girl!"

132 The Bradys' Alice, e.g.

133 Elk relative

134 Sharply focused

135 Low in pitch

136 Poker cost
- DOWN**

1 Sends back into custody

2 Euphoria

3 Female honcho

4 "You wish!"

5 Most liberated

6 Go on a brief yacht outing

7 Furious state

8 Wine vessel

9 Marlon of film

10 Chinese noodle dish

11 Aid in wrongdoing

12 Sandwich shop

13 Actor Bana of "Munich"

14 Control the course of

15 Pre-euro Spanish money

16 Puts forth

17 Move like a hula dancer

18 Didn't leave

24 Ho-hum grades

29 "No worries, dude"

30 Catch red-handed

33 Here, to Yves

37 Pulitzer-winning novelist Jennifer

38 Ltr. extra

39 Uncanny

40 Wets a bit

41 "Ew, gross!"

46 Marina del —, California

48 PC screen type

49 Frigate, e.g.

51 Ralph of "The Karate Kid"

52 Duel weapon

53 Govt. med approver

54 Bona —

55 Smoothed (out)

56 "My Heart Will Go On" singer Dion

57 Brokerage employee

58 Alpine abode

59 "The Raven" co-star Bela

60 Absorbed

61 Academy URL ending

62 Writ for court appearance

67 Arafat's gp.

69 Dayton-to-Toledo dir.

72 Trac II successor

74 "Time — the essence"

75 Team VIP

76 Olden times

79 Clucking bird

82 "— haw!" (rodeo shout)

85 Bad deed

86 Swindle

88 "Doggone!"

90 Penne — vodka

92 Mental haze

93 "You're oversharing," in texts

97 They may run Windows

98 Some trig functions

100 Like "penne" and "graffiti"

101 Seek pleadingly

102 Go ahead of

103 Went uphill or downhill

104 Baseballer Mays

105 "Who's interested?"

106 Tone down

107 Have dinner

109 Liam of film

110 Author Hemingway

111 Australia's main airline

112 Force along

114 Kid-lit's Longstocking

119 Uppercut landing area

120 Part of QED

121 Windmill part

122 Healing sign

124 Columnist Bombeck

128 Socrates' "H"

1	2	3	4		5	6	7	8		9	10	11	12	13	14		15	16	17	18
19					20					21								22		
23					24					25								26		
27								28	29							30				
31				32			33		34						35					
36				37				38				39	40	41		42				
43						44						45			46					
				47	48	49			50		51	52				53	54	55	56	57
58	59	60					61	62		63				64						
65				66				67		68		69				70				
71				72		73				74				75	76		77			
78				79			80					81				82		83		
84						85	86			87		88		89				90		
91								92				93			94					
					95						96		97	98			99	100	101	102
103	104	105	106	107		108				109	110					111	112			
113						114				115					116				117	
118							119	120	121					122		123			124	
125						126								127	128					
129														131					132	
133														135						136

King Crossword

- ACROSS**

1 Shade

4 Frontiersman Crockett

8 Pocket bread

12 100 percent

13 Dutch cheese

14 Pedestal occupant

15 Cowboy's sweetie

16 Do math

18 Slowpoke

20 Hydrocarbon suffix

21 Cushions

24 Persian Gulf emirate

28 Nutritional label info

32 Flamingo's color

33 Copper head?

34 Lauder of cosmetics

36 Summer on the Seine

37 Guns the engine

39 Toe of Italy's boot

41 Fashion

43 Hit with a stun gun

44 Ms. Thurman

46 Gossip

50 Baseball's "Iron Man"

55 Deluge refuge

56 Now, in a memo

8 Accumulate

9 Hollywood's Lupino

10 Nanny's charge

11 Hearty quaff

17 German conjunction

19 Wall St. debut

22 Platter

23 Attack

25 Coffin stand

26 Con

27 Furniture brand

28 2006 Pixar film

29 Help a hood

30 Tax

31 Actress Ward

35 "Calm down!"

38 Drinks noisily

40 Spell-off

42 Brit. record label

45 LAPD alerts

47 Wine valley

48 Helen's home

49 Related

50 Scoundrel

51 "— was saying ..."

52 Napkin's place

53 "— -Tiki"

54 "Evil Woman" band
- DOWN**

1 Cronos

2 — Bator

3 First lady of scat

4 Proclaim

5 Nabokov novel

6 Batman por-trayer Kilmer

7 Village People hit

1	2	3		4	5	6	7		8	9	10	11
12					13					14		
15					16				17			
18				19				20				
				21		22	23		24		25	26
27												
28	29	30					31		32			
33				34				35		36		
37				38		39				40		
41					42		43					
				44		45			46		47	48
49												
50	51	52				53	54			55		
56						57				58		
59						60				61		

MAGIC MAZE ● GERMAN COMPOSERS

A S P N K I F C A R X V S Q O
L J H E C A X V T L E D N A H
R M E N D E L S S O H N P N L
J L L I E W H F D S A D G B Y
X V T R B V P S N M U Y O A M
K I G E U D O C U I B A B Z W
X W U T S R H H Q O P H R N T
L J I G S F C U T D C O A T Z
A Y X W Y S A T R E B U H C S
V T S R P O B Z N L E K M C I
J I G F E C N E G N I B S B L

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally
Unlisted clue hint: JOHANN SEBASTIAN —

- Beethoven

Bingen

Brahms

Chopin
- Debussy

Handel

Haydn

Liszt
- Mendelssohn

Schubert

Schumann

Schutz
- Strauss

Wagner

Weill



Tropical Braised Short Ribs

photo courtesy Fresh From Florida



Tropical Braised Short Ribs
4-5 pounds beef short ribs
2 mangoes, diced small
1 papaya, diced small
¼ cup Orange blossom honey
3 garlic cloves, minced
2 tablespoons fresh ginger, minced
⅓ cup low sodium soy sauce
⅓ cup hoisin sauce
3 tablespoons rice wine vinegar
2 tablespoons oil, for cooking
Sea salt and fresh ground pepper, to taste

Preheat oven to 325 degrees. Preheat large ovenproof sauté pan to medium-high. Season short ribs with salt and pepper, add oil to pan and sear both sides until golden brown. Push ribs to outside of pan and add garlic, ginger, and diced fruit. Sauté until fragrant, about 1-2 minutes. Add soy sauce, hoisin sauce, vinegar, honey, and mix to combine. Cover with lid, place in oven and cook for 2 hours or until tender. Remove from oven and garnish with scallions and cilantro if desired. Serve over rice.

Fresh tip: this recipe can be prepared in a pressure cooker. Follow same instructions, but reduce cook time to 30 minutes, and allow a natural pressure release.*

My Stars ★★★★★
FOR WEEK OF JANUARY 31, 2022

Aries (March 21 to April 19) Put that restless surge to good use this week by preparing your winter-weary home for spring. Also, be more flexible about accepting a workplace change.

Taurus (April 20 to May 20) Your well-known ability to be patient is challenged as you wait for more news about a promising opportunity that could lead you to a new career path.

Gemini (May 21 to June 20) A setback in your travel plans could prove to be a blessing in disguise. Use this extra time to help close a growing gap between you and a family member.

Cancer (June 21 to July 22) Don't let a sudden sense of separation between you and your spouse or partner go unchallenged. It's important to make a strong effort to clear things up.

Leo (July 23 to August 22) Use the information you recently received to make some long-deferred changes regarding a personal situation. Continue to exercise financial restraint.

Virgo (August 23 to September 22) That new responsibility you're

now considering could lead to many opportunities. But be sure you have all the facts before you agree to take it on.

Libra (September 23 to October 22) A friend might try to advise you against a potentially risky move. Ultimately, the decision is yours, but hear him or her out before you decide.

Scorpio (October 23 to November 21) You might feel justified in demanding an apology, but it might be wiser to settle things so that today's adversary doesn't become tomorrow's enemy.

Sagittarius (November 22 to December 21) Good news: Expect a more positive aspect to dominate your personal and professional lives. Someone close to you seeks your counsel.

Capricorn (December 22 to January 19) A disappointment can turn into a learning experience. Now, at least, you know what not to do. Meanwhile, expect more options to open up.

Aquarius (January 20 to February 18) What goes around comes around, as a friend from the past returns a favor. Don't be timid about accepting it with good grace. You deserve it.

PETS OF THE WEEK



Flower ID# A904975 photos provided

Lee County Domestic Animal Services

Flower And Sammy

Hello, my name is Flower. I am a gray 6-year-old female pit bull mix. A flower by any other name would smell just as sweet, and my personality is just as sweet. I have a calm demeanor that will endear you to me quickly and allow you to fall head over tails in love. My adoption fee is \$14.

Hi, I'm Sammy. I am a white and brown 1-year-old shorthair rabbit. I am hoping you will hop on over to the shelter to see me and my furry friends currently available for adoption. I am litter-trained and love to cuddle. I will tuck my nose into your arm while you pet me. My adoption fee is \$5



Sammy ID# A904502

From February 1 through 28, all adoptions will cost \$14 with an approved application in celebration of Valentine's Day. The reduced adoption fee includes the complete package of services: sterilization, age-appropriate vaccinations, county license, microchip ID, de-worming, flea treatment, a heartworm test for dogs, feline AIDS and leukemia test for cats, and a 10-day health guarantee. The adoption package is valued at more than \$500.

Lee County Domestic Animal Services is located at 5600 Banner Drive in Fort Myers. Adoptions are available by appointment Monday through Saturday from 10:30 a.m. to 3:30 p.m. Visit www.leelostpets.com to complete an online application. As always, cats and kittens are adopt one and get a feline friend at no additional charge. For more information, call 533-7387.*

Pisces (February 19 to March 20) Your spiritual strength helps you deal with a family member's problem. Expect some difficulties, but stay with it until it's ultimately resolved.

Born This Week: You can observe people and situations with absolute honesty. You'd be a fine social worker, psychoanalyst or member of the clergy.

MOMENTS IN TIME

• On February 13, 1633, Italian philosopher, astronomer and mathematician Galileo Galilei arrives in Rome to face charges of heresy for advocating Copernican theory, which holds that the Earth revolves around the Sun. The Copernican theory conflicted with the teachings of the powerful Roman Catholic Church.

• On February 8, 1936, University of Chicago halfback Jay Berwanger, the first Heisman Trophy winner, is picked No. 1 overall in the NFL draft. However, Berwanger never played for any NFL team because he had too many demands, which teams refused to meet. Instead the college star became a foam rubber salesman.

• On February 9, 1942, the largest and most luxurious ocean liner on the








seas at that time, France's Normandie, catches fire while in the process of being converted for military use by the United States. It was to become a troop transport but ended up at the bottom of New York Harbor.

• On February 7, 1962, President John F. Kennedy issues an executive order broadening the United States' restrictions on trade with Cuba. The embargo, which effectively restricts all trade between Cuba and the United States, has lapsed several times, notably under Presidents Jimmy Carter and Barack Obama.

• On February 11, 1970, at the Kagoshima Space Center in Japan, the Ohsumi, Japan's first satellite, is successfully launched into an orbit around Earth. The achievement made Japan the world's fourth space power, after the Soviet Union in 1957, the United States in 1958, and France in 1965.

• On February 10, 1996, after three hours, world chess champion Garry Kasparov loses the first game of a six-game match against Deep Blue, an IBM computer. Kasparov was ultimately victorious when he bested Deep Blue

continued on page 22

 FRIDAY Cloudy High: 74 Low: 64	 SATURDAY Partly Cloudy High: 72 Low: 65	 SUNDAY Mostly Cloudy High: 68 Low: 58	 MONDAY Cloudy High: 72 Low: 64	 TUESDAY Cloudy High: 73 Low: 63	 WEDNESDAY Cloudy High: 69 Low: 61	 THURSDAY Partly Cloudy High: 72 Low: 62
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Redfish Pass Tides					Point Ybel Tides					Punta Rassa Tides					Cape Coral Bridge Tides				
Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low
Fri	2:31 am	9:12 am	3:50 pm	9:04 pm	Fri	1:36 am	9:14 am	2:55 pm	9:06 pm	Fri	2:30 am	9:22 am	3:40 pm	9:38 pm	Fri	4:41 am	12:28 pm	6:00 pm	None
Sat	3:24 am	9:37 am	4:11 pm	10:08 pm	Sat	2:29 am	9:39 am	3:16 pm	10:10 pm	Sat	3:31 am	9:52 am	4:16 pm	10:29 pm	Sat	5:34 am	12:20 am	6:21 pm	12:53 pm
Sun	4:24 am	10:01 am	4:37 pm	11:18 pm	Sun	3:29 am	10:03 am	3:42 pm	11:20 pm	Sun	4:30 am	10:18 am	4:51 pm	11:28 pm	Sun	6:34 am	1:24 am	6:47 pm	1:17 pm
Mon	5:41 am	10:22 am	5:07 pm	None	Mon	4:46 am	10:24 am	4:12 pm	None	Mon	5:33 am	10:35 am	5:27 pm	None	Mon	7:51 am	2:34 am	7:17 pm	1:38 pm
Tue	7:40 am	12:33 am	5:43 pm	10:37 am	Tue	6:45 am	12:35 am	4:48 pm	10:39 am	Tue	6:43 am	12:43 am	6:09 pm	10:27 am	Tue	9:50 am	3:49 am	7:53 pm	1:53 pm
Wed	6:28 pm	1:52 am	None	None	Wed	5:33 pm	1:54 am	None	None	Wed	7:53 am	1:51 am	7:03 pm	10:16 am	Wed	8:38 pm	5:08 am	None	None
Thu	7:26 pm	3:05 am	None	None	Thu	6:31 pm	3:07 am	None	None	Thu	8:02 pm	2:49 am	None	None	Thu	9:36 pm	6:21 am	None	None

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FROM THE BEACHES TO DOWNTOWN FORT MYERS

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Financial Aid Tip For Students

Many students spend more for college than necessary by making some common mistakes when seeking financial aid. Follow these tips from Kentucky Higher Education Assistance Authority (KHEAA) to make sure you get the financial support you need.

Even if you don't believe you'll qualify for financial aid, you should still file the Free Application for Federal Student Aid (FAFSA) each school year. You may find out that you qualify for federal and state student aid programs. Plus, some schools may require the FAFSA for students to be considered for merit-based scholarships.

Another common mistake is waiting until the last minute to apply for financial aid. Some programs have deadlines, while others have limited funds.

Colleges send each student who has applied for student aid a financial aid package. Students and their families should review these carefully, comparing offers from schools to see which is the best deal. Of course, cost is only a part of the higher-education decision. Students should also consider other factors, such as whether a school offers the academic program they want to pursue or if it meets other expectations they have.

For more information, visit www.kheaa.com.

From page 20 Moments In Time

with three wins and two ties and took home the \$400,000 prize.

- On February 12, 2002, former Yugoslav president Slobodan Milosevic goes on trial at The Hague, Netherlands, on charges of genocide and war crimes in Bosnia, Croatia and Kosovo. The trial ended without a verdict when Milosevic was found dead from an apparent heart attack in his prison cell.

NOW HERE'S A TIP

- File this one under safety AND energy smarts: Clean the dryer vent after every load. Clean the dryer vent screen monthly with a gentle soap and water bath. Rinse well and dry thoroughly before inserting back into your dryer.
- I used to struggle with plastic wrap every time I tried to use it. But now, it's a breeze since I learned to do these two things: One, keep plastic wrap in the freezer. It unrolls evenly, not one side or the other. Two, use a serrated knife to cut it instead of relying on the metal strip down the side of the box. You lay it out on the counter, and just run the knife down the edge you want to cut. Works like magic, and it's no longer frustrating.
- GS in Georgia
- Store an apple or two with your potatoes to keep them from sprouting. Be sure to check them often.
- Cut cotton pads in half to double your supply. They are typically big

enough for two uses, and you can always use two halves if you need a whole.

- "Make a cream lipstick last longer and stay cleaner by using a makeup brush to apply. Your skin picks up more of the lipstick than necessary, one reason why we blot our lips afterward. But the brush uses only what you need. And there's less bacteria transfer." – YR in Massachusetts
- Studies have shown that you spend more and make worse decisions when grocery shopping at peak hours. To be a saver on the family food bill, pick a time to shop when you're not rushed; have a list; know the sales ahead of time; and eat before you go.

STRANGE BUT TRUE

- In mid-18th century France, eating potatoes was considered cruel and unusual punishment since they were not only thought of as feed for livestock, but believed to cause leprosy in humans. The fear was so widespread that the French passed a law banning them in 1748.
- Every year, Americans alone create around one-fifth of the world's trash.
- Some of the boulevard medians in Milwaukee, Wisconsin, have 8- to 10-foot deep bunkers with toilets in them, originally installed in the 1930s as a convenience for city workers who were out and about all day without access to a bathroom.
- According to the head of MI6, if Ian Fleming's iconic hero James Bond were real, he wouldn't be allowed to work for British intelligence due to lack of the

required emotional intelligence, respect for the law and teamwork abilities.

- Colombian pop singer Shakira was rejected for the choir in her Catholic school because her music teacher thought that her vibrato was too strong and that she sounded "like a goat."
- In 1907, Parisian waiters went on strike for the right to grow a moustache.
- Cruise control in cars was invented in 1948 by the blind inventor and mechanical engineer Ralph Teetor. The idea was inspired by his frustration with his driver's habit of speeding up and slowing down as he talked.
- There is a material called Fogbank, used by the U.S. Department of Energy, the precise nature of which is classified and so top secret and compartmentalized that the government once actually "forgot" how to make it due to a lack of actual records and dwindling institutional knowledge.
- A sloth takes two weeks to digest the food it's eaten.

THOUGHT FOR THE DAY

"Great thoughts speak only to the thoughtful mind, but great actions speak to all mankind." – Theodore Roosevelt

TRIVIA TEST

1. **Anatomy:** How many ribs are in the human body?
2. **Animal Kingdom:** What kind of animal is a flying fox?
3. **Geography:** In which body of water does the island of Malta lie?
4. **U.S. States:** What animal is featured on the state flag of Louisiana?

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1/28 ★ 3/4

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2/4 ★ 2/4

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1/14 ★ TFN

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1/28 ★ 2/18

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11/19 ★ TFN

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2/4 ★ 2/11

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1/21 ★ TFN

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2/4 ★ 2/11

- 5. **Television:** What was the name of the fictional airline whose jet crashed on an island in *Lost*?
- 6. **U.S. Presidents:** Which president ran on the slogan "Vote Yourself a Farm and Horses"?
- 7. **Movies:** What is the name of Thor's hammer in the earlier *Avengers* movies?
- 8. **Food & Drink:** *The Iron Chef* TV cooking show originated in which country?
- 9. **History:** In what year did the Cold War end?
- 10. **Science:** What weather condition is measured in millibars?

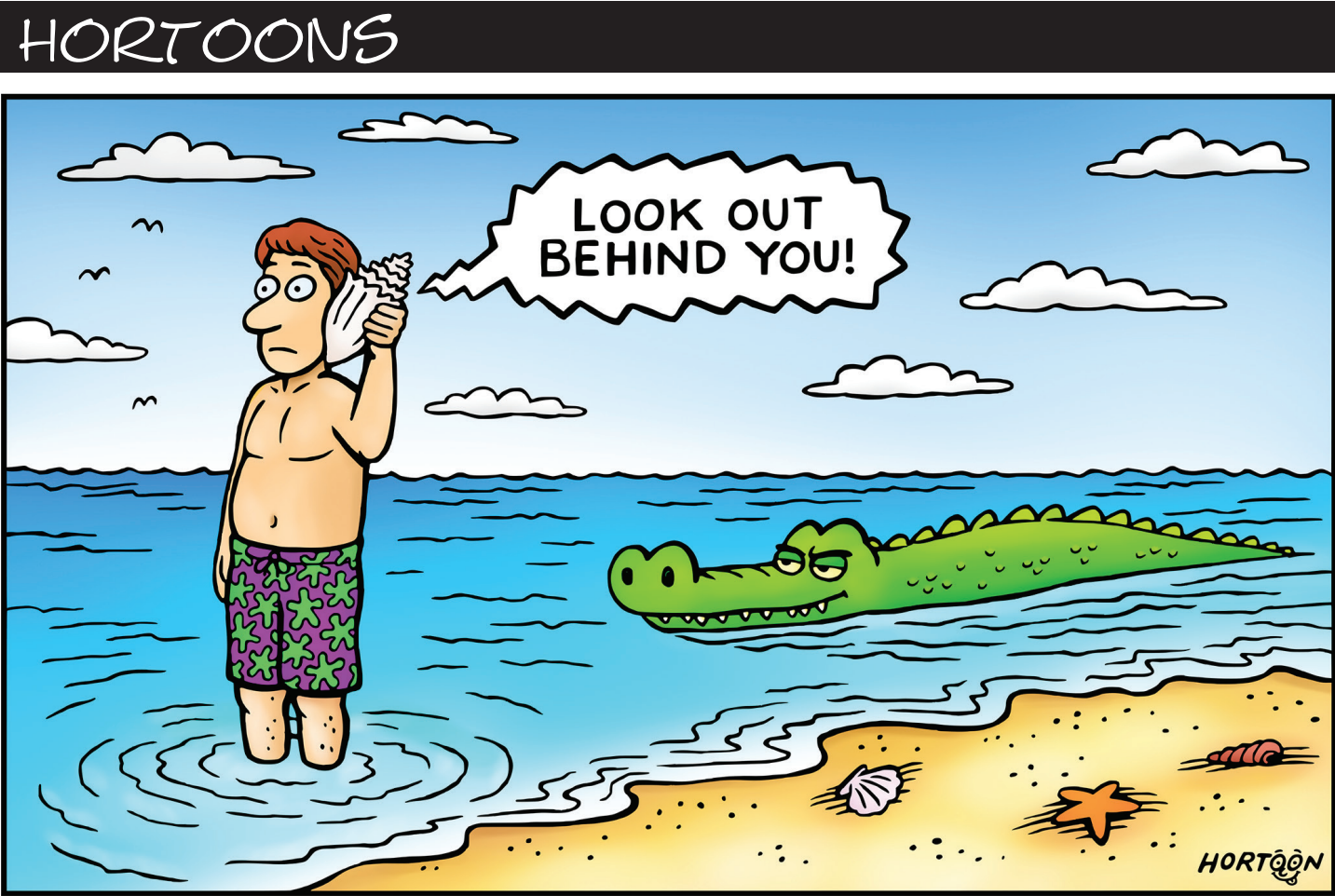
TRIVIA ANSWERS

1. 24 2. A type of bat 3. Mediterranean Sea 4. A pelican 5. Oceanic Airlines 6. Abraham Lincoln 7. Mikhail Gorbachev 8. Japan 9. 1989 10. Atmospheric pressure

SCRAMBLERS ANSWER

1. Trade 2. Spartan;
3. Latent; 4. Radio

Today's Word
SPOILED



PUZZLE ANSWERS

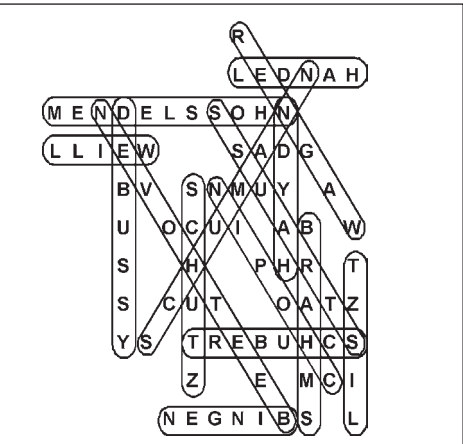
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LOATH	POSH	ENVOY	ENE
ESPRESSO	OID	SPREADER	
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1	4	3	6	5	8	9	2	7
5	8	2	9	1	7	4	3	6
9	6	7	4	2	3	5	8	1
6	3	8	5	7	1	2	9	4
7	2	1	3	4	9	8	6	5
4	9	5	2	8	6	1	7	3
3	1	6	8	9	4	7	5	2
2	7	9	1	3	5	6	4	8
8	5	4	7	6	2	3	1	9

Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Laguna Shores	Fort Myers Beach	2014	3,544	\$5,749,000	\$5,500,000	42
Savona	Cape Coral	2016	4,044	\$4,299,999	\$4,300,000	84
Cape Coral	Cape Coral	2021	4,000	\$4,000,000	\$4,031,000	0
Bay Creek	Bonita Springs	2005	8,525	\$4,200,000	\$3,850,000	56
Murano	Miromar Lakes	2016	4,149	\$3,500,000	\$3,500,000	1
Sanctuary At Wulfert	Sanibel	2018	3,722	\$2,495,000	\$2,495,000	6
Cranbrook Harbor	Estero	2004	5,530	\$2,400,000	\$2,300,000	55
Cape Harbour	Cape Coral	2009	4,951	\$2,195,000	\$2,195,000	10
Cape Coral	Cape Coral	2005	5,905	\$1,950,000	\$1,950,000	4
Crescent Park Addition	Fort Myers Beach	1991	1,400	\$1,924,000	\$1,924,000	6



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